

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Chapman Calendar  4 9:30 Rosary-CH.33 10:00 Rosary / Communion-CR 10:45 Bingo with Abby -3 10:45 Gentle Workout for Seniors -CH.33 1:00 Movie:The Shawshank Redemption- CH.33 1:30 Who Wants to Be a Millionaire -3	Key CH: Cleveland/Hamline G/S: Grand/Smelling 3: 3rd Floor 4: 4th Floor R/R: Room to Room/Resident's Room DR: Dining Room A: Auditorium CR: Community Room NC: Newman Chapel PL: Parking Lot CH.33: Channel 33 NN: Nosh Nook 5 10:00 Fit & Fun-CH.33 10:30 Bingo -3 1:30 Life Sized Scrabble -3 3:00 Sitting for Justice: The Montgomery Bus Boycott-CH.33 6:00 Movie: I, Tonya-CH.33 7:00 Chapel Strings Orchestra Rehearsal -A 	JANUARY 6 9:00 Communion Visits R:R 10:00 Chair Yoga-CH.33 10:30 Food Committee -C/H DR 10:45 Sensory Stimulation -4 10:45 Catholic Mass-CH.33 1:30 Happy Hour with Terry Dubois-A 2:45 Group Scrabble with Phil -3 2:45 Movie: The Jackals-CH.33 6:00 Nouvelle Experience, Varekai & "O" Cirque du Soleil -CH.33	7 10:00 Fit & Fun -CH.33 10:30 Bowling League -3 1:30 Bingo -3 3:00 PBS Presents Ken Burns "The American Revolution" Episode 1 Part 1 -CH.33 6:00 How Cheese Changed the World -CH.33 	1 New Years Day 10:00 Chair Yoga -CH.33 10:30 Music with Vasilii -3 1:30 Music with Vasilii -L 3:00 The Rat Pack Live From Las Vegas -CH.33 6:00 Guided Walks of Statue of Liberty and Ellis Island -CH.33 	2 10:00 Fit & Fun -CH.33 10:30 Group Crossword -3 1:00 Christian Service -CR 2:00 How It's Made: Products Exploding with Color-CH.33 2:45 Jewish Wisdom with Cantor Wendi -NN 4:00 Shabbat Service -NC 	3 Shabbat Observance 10:00 Shabbat Service-NC 10:30 Music with Robert Lipscomb-3 1:30 Current Events with AI -NN 2:00 Animals in Winter Wonderland- CH.33 6:00 Movie:The Words -CH.33 
11 Golden Globe Awards 9:30 Rosary-CH.33 10:00 Rosary / Communion-CR 10:45 Bingo with Jenny -3 10:45 Seniors Chair Exercise -CH.33 1:00 Movie: Lee Daniels' The Butler-CH.33 1:30 -3 7:00 Golden Globe Awards -CH.4	12 10:00 Fit & Fun-CH.33 10:30 Bingo -3 1:30 Spiritual Perspectives-3 3:00 MN Historical Society: Jewish Girlhood in Minnesota Conversation -CH.33 6:00 Movie: Head of State -CH.33 7:00 Chapel Strings Orchestra Rehearsal -A 	13 9:00 Communion Visits R:R 10:00 Chair Yoga-CH.33 10:30 Singing Bowl-4 10:45 Catholic Mass-CH.33 1:30 Happy Hour with Todd Anderson as Elvis -A 2:45 Group Scrabble with Phil -3 2:45 Movie: Carry Me Home -CH.33 6:00 The Beginning of the Minneapolis Police-CH.33 	14 10:00 Fit & Fun -CH.33 10:30 Crafters Corner: Bird Feeders-3 1:30 Bingo -3 3:00 PBS Presents Ken Burns "The American Revolution" Episode 1 Part 2 -CH.33 6:00 The Very First Episode of the Cher Show Featuring Elton John & Bette Midler-CH.33	15 10:00 Chair Yoga -CH.33 10:30 Flower Arranging -3 1:30 Hot Cocoa Social-A 3:00 Harriet Tubman: They Called Her Moses -CH.33 6:00 Gangster's Gold:The Search For Hidden Millions-CH.33 	16 10:00 Fit & Fun -CH.33 10:30 Group Exercise -3 1:00 Christian Service -CR 1:40 Sweep Six -3 2:00 How It's Made: Mouthwatering Mega Food Mix -CH.33 2:45 Jewish Culture Connection -NN 4:00 Shabbat Service -NC 	17 Shabbat Observance 10:00 Shabbat Service-NC 10:30 Music with Ilya-3 1:30 Current Events with AI -NN 2:00 Beautiful Relaxing Music-CH.33 6:00 Movie: The Mirror Has Two Faces -CH.33 
18 9:30 Rosary-CH.33 10:00 Rosary / Communion-CR 10:45 Bingo with Luke -3 10:45 Silver Sneakers Workout-CH.33 1:00 Movie: The Unlikely Pilgrimage of Harold Fry -CH.33 	19 Martin Luther King Day 10:00 Fit & Fun-CH.33 3:00 Remembering MLK Jr.: Legacy of Courage and Inspiration-CH.33 6:00 Movie: The King In the Wilderness: The Last Days of MLK Jrs. Life -CH.33 7:00 Chapel Strings Orchestra Rehearsal -A 	20 9:00 Communion Visits R:R 10:00 Chair Yoga-CH.33 10:30 Resident Council-C/H DR 10:45 Sensory Stimulation -4 10:45 Catholic Mass-CH.33 1:30 Happy Hour with Scott Beaumont-A 2:45 Group Scrabble with Phil -3 2:45 Movie:The Penguin Lessons -CH.33 6:00 Our Planet: Frozen Worlds -CH.33	21 10:00 Fit & Fun -CH.33 10:30 Tal & Friends: Spices -3 1:30 Bingo -3 3:00 PBS Presents Ken Burns "The American Revolution" Episode 2 Part 1 -CH.33 6:00 The Harder They Fall -CH.33 	22 Spa Day 10:00 Chair Yoga -CH.33 10:30 Aromatherapy & Hand Massage -3 1:30 Summit Ave Presentation-A 3:00 The History of the Oldest Winter Carnival in the US-CH.33 6:00 The Black Angels: The Untold Story of the Nurses Who Helped Cure Tuberculosis on Ellis Island-CH.33 	23 Compliment Day 10:00 Fit & Fun -CH.33 10:30 Kindness Cards -3 1:00 Christian Service -CR 1:40 Zumba Exercise -3 2:00 The Real Impact of the Silk Road Historical Documentary-CH.33 2:45 Jewish Wisdom with Cantor Wendi -NN 4:00 Shabbat Service -NC 	24 Shabbat Observance 10:00 Shabbat Service-NC 10:30 Music with Vasilii -3 1:30 Current Events with AI -NN 2:00 Trains Film With Relaxing Music -CH.33 3:30 Share a Book Club -NN 5:30 Movie: Jay Kelly -CH.33
25 St. Paul Winter Carnival Begins 9:30 Rosary-CH.33 10:00 Rosary / Communion-CR 10:45 Bingo with Helena -3 10:45 Seated Chair Fitness-CH.33 1:00 Movie: Book Club: CH.33 1:30 Facts & 5 -3	26 10:00 Fit & Fun-CH.33 10:30 Bingo -3 1:30 Spiritual Perspectives -3 3:00 Roy Rogers King of the Cowboys Documentary -CH.33 6:00 Movie: Gladiator-CH.33 7:00 Chapel Strings Orchestra Rehearsal -2 	27 9:00 Communion Visits R:R 10:00 Chair Yoga-CH.33 10:30 Singing Bowl -4 10:45 Catholic Mass-CH.33 1:30 Happy Hour with Randy Rolloff-A 2:45 Group Scrabble with Phil -3 2:45 Movie: Les Miserables-CH.33 6:00 Italy is Going Big: Food, Venues & Culture Ahead of the Winter Games -CH.33	28 10:00 Fit & Fun -CH.33 10:30 Manicures -3 1:30 Bingo -3 3:00 Comfort Collective: Finding Silver Linings in Today's World with Cantor Wendi -A 3:00 PBS Presents Ken Burns "The American Revolution" Episode 2 Part 2-CH.33 6:00 Walking Tour of St. Paul-CH.33 	29 Puzzle Day 10:00 Chair Yoga -CH.33 10:30 Paint, Paper, Scissors-3 1:30 Pick a Puzzle Challenge -3 3:00 Bonnie & Clyde on Broadway -CH.33 6:00 Francis Drake: The World's Most Controversial PI 	30 Beat The Winter Blues Day 10:00 Fit & Fun -CH.33 10:30 Winter & Blues Trivia-3 1:00 Christian Service -CR 1:40 Blueberry Muffins & Blues Music Social-3 2:00 The Louvre: From Fortress to World's Greatest Museum -CH.33 2:45 Jewish Wisdom with Cantor Wendi -NN 4:00 Shabbat Service -NC 	31 Shabbat Observance 10:00 Shabbat Service-NC 10:30 Music Performance -3 1:30 Current Events with AI -NN 2:00 National Parks Scenic Peace Relaxation- CH.33 6:00 Movie: 42 -CH.33 