

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				Key: C/H: Cleveland/Hamline G/S: Grand/Snelling 3: 3rd Floor 4: 4th Floor R:R: Residents' Rooms DR: Dining Room A: Auditorium CR: Community Room NC: Newman Chapel PL: Parking Lot CH.33: Channel 33 NN: Nosh Nook	1 G.C 40th Birthday! 10:00 Fit and Fun-CH.33 10:45 Catholic Mass- CR 1:00 Christian Service –CR 2:00 Chef’s Table: Nok Santaranon-CH 33 2:30 Parrot GC Birthday Party –A 4:00 Shabbat Service-NC/CH.16  	2 Shabbat Observance Tisha B’Av 10:00 Shabbat Service –NC//CH16 10:00 Pet Visits with Cheryl– R:R 1:30 Current Events with AI –NN 2:00 Landscapes of Iceland with Relaxing Music -CH.33 6:00 Movie: The Lost Husband-CH.33
3 Tisha B’Av 9:30 Rosary-CH.33 10:00 Rosary& Communion –CR 10:00 Tisha B’Av Service –NC 10:45 Seated Tai Chi -CH.33 11:30 Harp Music with Denise –4 11:50 Harp Music with Denise –G/S 12:10 Harp Music with Denise –C/H 1:00 Movie: Hustle-CH.33 	4 10:00 Fit & Fun –CH.33 10:30 Bingo –3 1:30 Spiritual Perspectives -3 3:00 Louis Armstrong: Ambassador of Jazz-CH.33 6:00 Movie: The Guardian –CH.33 	5 9:00 Communion Visits-R:R 10:00 Chair Yoga-CH.33 10:30 Resident Food Committee –C/H 10:45 Catholic Mass-CH.33 1:30 Pet Visits with Watson –R:R 2:00 Town Hall with State Representative Betty McCollum-A 2:45 Group Scrabble with Phil–3 2:45 Movie: The Founder -CH.33 6:00 Lawrence Welk: A North Dakota Farm Boy-CH 33	6 National Underwear Day 10:00 Fit & Fun-CH.33 10:30 Ants in the Pants Game–A 1:30 Bingo-3 3:00 The Residence Episode 8 “The Mystery of the Yellow Room” -CH.33 3:45 Music with Dave –L 6:00 Movie: Lucy & Desi: Before the Laughter -CH.33 	7 10:00 Chair Yoga-CH.33 10:30 Melodies for the Soul –3 1:30 Party for Hanna –A 3:00 Wonders of Venice-CH.33 6:00 The Printing Press: How This 15th Century Invention Changed the World -CH.33 	8 Tu B’av 10:00 Fit and Fun-CH.33 10:30 Who, What, Where -3 1:00 Christian Service-CR 1:40 IN2L Trivia –3 2:00 The Innovations Powering Space Travel -CH 33 4:00 Shabbat Service-NC/CH.16	9 Shabbat Observance Tu B’av 10:00 Shabbat Service -NC/CH.16 10:30 Music with Robert Lipscomb-3 1:30 Current Events with AI– NN 2:00 Views of Israel -CH.33 3:30 Share a Book Club-NN 6:00 Movie: Love, Guaranteed -CH.33
10 9:30 Rosary-CH.33 10:00 Rosary & Communion-CR 10:45 Bingo with Maggie –3 10:45 20-Minute Chair Exercises -CH.33 1:00 Movie: Glass Onion-CH.33 1:45 Piano Music with Rita–3 	11 10:00 Fit & Fun-CH.33 10:30 Bingo –3 1:30 Manicure Monday-3 3:00 The Wild, Weird Geography of America: How the States Got Their Shapes-CH.33 6:00 Movie: Rescued by Ruby -CH.33 	12 9:00 Communion Visits-R:R 9:45 Bear Boating Fishing Outing 10:00 Chair Yoga-CH.33 10:45 Catholic Mass-CH.33 1:30 Happy Hour with Diane and Lee–A 2:45 Group Scrabble with Phil –3 2:45 Movie: How to Steal a Million (1966)-CH.33 6:00 Cold War Secrets of Northern	13 10:00 Fit & Fun –CH.33 10:30 Crafters Corner: Illuminated Mandalas –3 1:30 Bingo –3 3:00 The Lincoln Lawyer Episode 1 “He Rides Again” –CH.33 6:00 Movie: Rear Window –CH.33 	14 Outdoor Water Day 10:00 Chair Yoga-CH.33 10:30 Life Sized Yahtzee–3 1:30 Minute To Win It Water Edition –PL 3:00 The Food That Built America: Build- ing America’s Chocolate Empire -CH.33 6:00 Steve Martin and Martin Short: An Evening You Will Forget for the Rest of Your Life –CH.33 	15 10:00 Fit and Fun-CH.33 10:30 Chair Exercise: Yoga–3 1:00 Christian Service –CR 1:40 Common Threads Game –3 2:00 Instant Dream Home: Schoolhouse Rock -CH.33 4:00 Shabbat Service -NC/CH.16	16 Shabbat Observance 10:00 Shabbat Service -NC/CH.16 10:00 Pet Visits with Cheryl –R:R 10:30 Music with Ilya –3 1:30 Current Events with AI– NN 2:00 English Countryside -CH.33 6:00 Movie: Julie & Julia -CH.33 
17 9:30 Rosary-CH.33 10:00 Rosary & Communion-CR 10:30 Bingo with Abby–3 10:45 Chair Stretches For improved Flexibility-CH.33 11:30 Harp Music with Denise –4 11:50 Harp Music with Denise –G/S 12:10 Harp Music with Denise –C/H 1:00 Movie: The Age of Innocence - CH.33 1:30 Craft with Maddy-3	18 Antiques Day 10:00 Fit & Fun-CH.33 10:30 Science Experiment –PL 1:30 Spiritual Perspectives –3 1:30 Pet Visits with Watson –R:R 3:00 Antiques Roadshow: New York City- CH.33 6:00 Movie: Butch Cassidy and the Sun- dance Kid -CH.33 	19 9:00 Communion Visits-R:R 10:00 Chair Yoga –CH.33 10:30 Resident Council –C/H DR 10:45 Catholic Mass-CH.33 1:30 Happy Hour with Tim Patrick–A 2:45 Group Scrabble with Phil –3 2:45 Movie: Rudy -CH 33 6:00 Lost Duluth -CH.33 	20 Hawaiian Luau Day 10:00 Fit & Fun-CH.33 11:45 Luau Lunch—DR 1:30 Tiki Bingo –3 3:00 The Lincoln Lawyer Episode 2 “The Magic Bullet” -CH.33 6:00 Movie: Aloha -CH.33 	21 10:00 Chair Yoga-CH.33 10:30 Melodies for the Soul -3 1:30 Cooking Adventures Baking Group -3 3:00 The Quilters-CH.33 6:00 How Hawaii Became America’s 50th State -CH.33 	22 10:00 Fit and Fun-CH.33 10:30 Bend & Stretch/Trivia –3 1:00 Christian Service-CR 1:40 Sweep Six-3 2:00 Glensheen & the Congdon Legacy - CH.33 2:45 Jewish Culture Connection –NN/CR 4:00 Shabbat Service-NC/CH 16 	23 Shabbat Observance 10:00 Shabbat Service-NC/ CH.16 10:30 Music with Phil Kitz–3 1:30 Current Events with AI– NN 2:00 African Safari -CH.33 3:30 Share a Book Club –NN 6:00 Movie: Singing in the Rain-CH.33 
24 9:30 Rosary-CH.33 10:00 Rosary & Communion– CR 10:45 Bingo with Jenny-3 10:45 Cardio Boxing for Limited MobilityCH.33 1:00 Movie: Captain Phillips -CH.33 1:30 Memory Joggers “The Dog Days of Summer”3	25 National Parks Anniversary Day 10:00 Fit & Fun-CH.33 10:30 Bingo-3 1:30 Family History Sharing–3 3:00 The History of the US National Parks Service -CH.33 6:00 Movie: Instant Family-CH.33 	26 9:00 Communion Visits-R:R 10:00 Chair Yoga –CH.33 10:30 Jeopardy –3 10:45 Catholic Mass-CH.33 1:30 Happy Hour with Michael Riddle–A 2:45 Group Scrabble with Phil –3 2:45 Movie: Enola Holmes -CH 33 6:00 The Food That Built America: War, Innovation & Fast Food -CH.33	27 Just Because 10:00 Fit & Fun-CH.33 10:30 Bowling League –3 1:30 Bingo –3 3:00 The Lincoln Lawyer Episode 3 “Momentum” –CH.33 6:00 Movie: Shirley-CH.33 	28 Root Beer Float Day 10:00 Chair Yoga-CH.33 10:30 Paint, Paper, Scissors -3 1:30 Root Beer Float Social -3 3:00 Street Food USA: Los Angeles, California-CH.33 6:00 Our Oceans: Indian Ocean - CH.33 	29 Paul Bunyan Day 10:00 Fit and Fun-CH.33 10:30 Axe Throwing –3 1:00 Christian Service-CR 1:40 Group Crossword –3 2:00 Behind the Scenes of Casablanca - CH.33 4:00 Shabbat Service-NC/CH 16 	30 Shabbat Observance 10:00 Shabbat Service-NC/ CH.16 10:30 Music with Vasili–3 1:30 Current Events with AI– NN 2:00 Scenic Lake Tahoe -CH.33 6:00 Movie: Here -CH.33 
31 9:30 Rosary-CH.33 10:00 Rosary & Communion– CR 10:45 Whole Body Seated Exercise- CH.33 1:00 Movie: Mr. Holland's Opus- CH.33						