

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	LOCATION KEY: L – Lobby S – Studio N – The Nosh TH – Town Hall P – Parking Lot BR – Boardroom SR – State Room IH – Inspiration Hub ML- Members Lounge SHW – Sholom Home West RAL – Roitenberg Assisted Living	1 10:00 Catholic Communion SHW 10:00 Bone Builders Exercise TH 11:00 Choir with Sharon TH 11:15 Christian Services SHW 2:00 Paint & Sip: Blaze of Glory TH 4:30 Happy Hour N	2 10:00 Forever Fit Exercise TH 11:00 Torah Study SR 11:30 State Fair Outing L 1:30 Root Beer Floats L 2:00 Tenant Ambassador Meeting BR 2:00 Cat Vitit from Harry ML 3:00 Jewish Current Events SR 4:00 Jewish Book Club SR	Happy Birthday Mari! 3 10:00 Bone Builders TH 11:00 Spirit Lifters SR 11:30 Kosher Lunch at JCC 2:00 Trishaw Rides L 3:00 Flower Arranging S 4:30 Happy Hour N	4 10:00 Forever Fit Exercise TH 11:00 History Vault America the Story of Us: Superpower SR 1:00 Walk this Weight L 2:00 Beth's Book Club SR 4:00 Shabbat Eve Service SR	5 11:00 Shabbat Service SR 1:00 Happy Hedgehog Crossword L 2:00 Musical & Popcorn: Gigi SR 7:00 Selichot & Havdalah Services SR
6 12:30 Rummikub S 2:00 Movie & Popcorn: Harriet SR 3:00 Cribbage S	7 10:00 Crossword for Cookies L 11:00 Movie & Popcorn: Song Sung Blue SR 1:30 Men's Club S 2:00 Movie & Popcorn: Arthur the King SR 7:00 BINGO TH Labor Day	Happy Birthday Diane! 8 10:00 Bone Builders Exercise TH 11:00 Choir with Sharon TH 11:00 Men's Lunch Outing: Original Pancake House 11:15 Christian Services SHW 3:30 Concert Performance by Scott Heiserman TH 4:30 Happy Hour N	Happy Birthday Vicky! 9 10:00 Forever Fit Exercise TH 11:00 Torah Study SR 11:30 History on the Go: Bus Tour at Ft. Snelling L 1:30 Sundae Social L 2:00 Jeopardy SR 3:00 Jewish Current Events SR 4:00 Jewish Book Club SR	Happy Birthday Janice! Happy Birthday Barry! 10 10:00 Bone Builders TH 11:00 Campuswide Car Show P 11:30 Kosher Lunch at JCC 2:00 Trishaw Rides L 3:00 Flower Arranging S 4:30 Happy Hour N	Happy Birthday Judy! 11 10:00 Catholic Mass SHW 10:00 Forever Fit Exercise TH 11:00 History Vault America the Story of Us: Millennium SR 12:30 Film with Friends SR 4:00 Rosh Hashanah Shabbat Evening Service SR 5:00/6:15 Rosh Hashanah Shabbat Dinner DR Rosh Hashanah Begins	12 10:30 Rosh Hashanah Shabbat Morning Services SR Kiddush to Follow TH
13 10:30 Rosh Hashanah Shabbat Morning Service SR Kiddush to Follow TH 12:30 Rummikub S 3:00 Cribbage S Grandparents Day	14 10:00 Forever Fit Exercise TH 11:30 Coffee Clutch L 1:00 Treasured Hands Manicures IH 1:30 Men's Club S 2:30 Dance & Movement TH 7:00 BINGO TH	15 10:00 Bone Builders Exercise TH 11:00 Choir with Sharon TH 11:15 Christian Services SHW 1:00 Food Committee BR 2:00 Townhall Meeting TH 4:30 Happy Hour N	16 10:00 Forever Fit Exercise TH 11:00 Torah Study SR 11:30 Red Cow Lunch Outing L 1:30 Root Beer Floats L 2:00 Jeopardy SR 3:00 Jewish Current Events SR 4:00 Jewish Book Club SR 6:30 Poker with Jerad ML	17 10:00 Bone Builders TH 11:00 Faith Connections: Mindfulness SR 11:30 Kosher Lunch at JCC 2:00 Trishaw Rides L 3:00 Flower Arranging S 3:15 Catholic Mass SHW 4:30 Happy Hour N	18 10:00 Forever Fit Exercise TH 11:00 History Vault The Icons That Built America: Daredevil Duo SR 1:00 Walk this Weight L 2:00 Speaker Dr. Jonas Westover: Neil Diamond Music History 4:00 Shabbat Eve Service SR	Happy Birthday Sandy! 19 11:00 Shabbat Service SR 1:00 Yom Kippur Crossword L 2:00 Musical & Popcorn: Funny Girl SR Oktoberfest Begins
20 12:00 Football & Pizza: Vikings at Chicago Bears TH 12:30 Rummikub S 2:00 Movie & Popcorn: Golda SR 3:00 Cribbage S 7:00 Kol Nidre Service TH Yom Kippur Begins	21 10:00 Yom Kippur & Yizkor Service TH 1:00 Treasured Hands Manicures IH 5:30 Yom Kippur Mincha & Neilah Services SR	22 10:00 Catholic Communion SHW 10:00 Bone Builders Exercise TH 11:00 Choir with Sharon TH 11:15 Christian Services SHW 3:00 Knollwood & Roitenberg Mixer RAL 4:30 Happy Hour N Autumn Begins	23 10:00 Forever Fit Exercise TH 11:00 Torah Study SR 11:30 U of M Landscape Arboretum Outing L 1:30 Sundae Social L 2:00 Jeopardy SR 3:00 Jewish Current Events SR 4:00 Jewish Book Club SR	Happy Birthday Evelyn! 24 10:00 Bone Builders TH 11:00 Spirit Lifters SR 11:30 Kosher Lunch at JCC 2:00 Trishaw Rides L 2:00 Flower Arranging S 3:30 Birthday Social & Concert By Ralph Hintz TH 4:30 Happy Hour N	25 10:00 Forever Fit Exercise TH 11:00 History Vault The Icons That Built America: Action Heros SR 1:00 Walk this Weight L 2:00 Welcome New Knollwood Tenants TH 4:00 Sukkot Shabbat Eve Service SR Sukkot Begins	Happy Birthday Jeff! 26 11:00 Sukkot Shabbat Service SR Kiddush to Follow TH 1:00 Oktoberfest Crossword L 2:00 Concert & Popcorn: Broadway: A Jewish Journey Live Concert from NY SR
10:30 Sukkot Shabbat Service TH Kiddush to Follow TH 12:30 Rummikub S 2:00 Movie & Popcorn: Worth SR 3:00 Cribbage S 	27 10:00 Forever Fit Exercise TH 11:30 Coffee Clutch L 1:00 Hadassah Book Club: The Vanishing Half SR 1:30 Men's Club S 2:00 Treasured Hands Manicures IH 2:30 Dance & Movement TH 7:00 BINGO TH	28 10:00 Bone Builders Exercise TH 11:00 Choir with Sharon TH 11:15 Christian Services SHW 2:00 Bead & Joy Jewelry IH 4:30 Happy Hour N	29 10:00 Forever Fit Exercise TH 11:00 Torah Study SR 11:30 Good Day Café Lunch Outing L 1:30 Root Beer Floats L 2:00 Jeopardy SR 3:00 Jewish Current Events SR 4:00 Jewish Book Club SR	30 10:00 Forever Fit Exercise TH 11:00 Torah Study SR 11:30 Good Day Café Lunch Outing L 1:30 Root Beer Floats L 2:00 Jeopardy SR 3:00 Jewish Current Events SR 4:00 Jewish Book Club SR		

Please note, reservations are required for all outings and events highlighted in **BOLD**. Sign-up sheets are located at Guest Services. Thank you!

Transportation Schedule

- ❖ Monday: 9am-11am Return by 12pm; 1pm-3pm Return by 4pm
- ❖ Tuesday: 9am-11am Return by 12pm; No afternoon rides
- ❖ Wednesday: No Appointments
- ❖ Thursday: 9am-11am Return by 12pm; 1pm-3pm Return by 4pm
- ❖ Friday: 9am-10am Return by 11am; No afternoon rides

Please Schedule Rides with Guest Services

Reservations are required for the events listed below:

- ❖ Kosher Lunch Outings at JCC every Thursday at 11:30AM. Please RSVP by no later than the Friday prior.
- ❖

Please RSVP for these events with Guest Services



Life Enrichment Calendar September 2026

Find Your Belonging