

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				Happy Birthday Betsy F! 1 10:00 Bone Builders Exercise WG 11:00 Spirit Lifters SR 11:30 Kosher Lunch at JCC 2:00 Trishaw Rides SHW 3:00 Flower Arranging S 4:30 Happy Hour N	2 10:00 Forever Fit Exercise TH 11:00 History Vault The Icons That Built America: Shock Jocks SR 1:00 Walk this Weight L 2:00 Short Stories with Beth SR 4:00 Shemini Atzeret Shabbat Eve Service SR	3 10:30 Shemini Atzeret Yizkor Shabbat Service SR Kiddush to Follow TH 1:00 Simchat Celebration Crossword L 2:00 Movie & Popcorn: The Swedish Connection SR Simchat Torah Begins
4 10:30 Simchat Torah Service SR Kiddush to Follow TH 12:30 Rummikub S 2:00 Movie & Popcorn: 80 for Brady SR 3:00 Cribbage S	Happy Birthday Donna L! 5 10:00 Forever Fit Exercise TH 11:30 Coffee Clutch L 1:00 Treasured Hands Manicures IH 1:30 Men's Club S 2:30 Dance & Movement TH 7:00 BINGO TH	6 10:00 Bone Builders Exercise TH 11:00 Choir with Sharon TH 11:15 Christian Services SHW 2:00 Paint & Sip: Spiderwebs TH 4:30 Happy Hour N	7 10:00 Forever Fit Exercise TH 11:00 Torah Study SR 11:15 Midterm Elections SHW 11:30 Everly Farms Apple Orchard Outing L 1:30 Sundae Social L 2:00 Tenant Ambassador Meeting BR 3:00 Jewish Current Events SR 4:00 Jewish Book Club SR	8 10:00 Bone Builders Exercise TH 11:00 Rosh Hodesh Group SR 11:30 Kosher Lunch at JCC 1:00 Film with Friends: The Matrix SR 2:00 Trishaw Rides SHW 3:00 Flower Arranging S 4:30 Happy Hour N	9 9:00 Jack of All Tech Support L 10:00 Catholic Mass SHW 10:00 Forever Fit Exercise TH 11:00 History Vault The Icons That Built America: Hollywood Warriors SR 1:00 Walk this Weight L 2:00 JCRC Speaker: Judaism On One Foot TH 4:00 Shabbat Eve Service SR	10 11:00 Shabbat Service SR 1:00 Crossword 58 L 2:00 Movie & Popcorn: Liar Liar SR
11 12:00 Football & Pizza: Vikings at New Orleans Saints TH 12:30 Rummikub S 2:00 Movie & Popcorn: The Magic of Belle Isle SR 3:00 Cribbage S	12 10:00 Forever Fit Exercise TH 11:30 Coffee Clutch L 1:00 Treasured Hands Manicures IH 1:30 Men's Club S 2:30 Dance & Movement TH 7:00 BINGO TH Indigenous Peoples' Day Columbus Day (U.S.) Thanksgiving Day (Canada)	13 10:00 Bone Builders Exercise TH 11:00 Choir with Sharon TH 11:00 Men's Lunch Outing 11:15 Christian Services SHW 2:00 Christian Bible Study SR 3:30 Live Concert by Ross McCleod TH 4:30 Happy Hour N 7:00 Knollwood Bookworms 7FL	14 10:00 Forever Fit Exercise TH 11:00 Torah Study SR 11:30 The Great Wall Lunch Outing L 1:30 Root Beer Floats L 2:00 Jeopardy SR 3:00 Jewish Current Events SR 4:00 Jewish Book Club SR	15 10:00 Bone Builders Exercise TH 11:00 Jewish Cultural Connections SR 11:30 Kosher Lunch at JCC 2:00 Movie & Popcorn SR 2:00 Trishaw Rides SHW 3:15 Catholic Communion SHW 4:30 Happy Hour N	Happy Birthday Marge S! 16 9:00 Jack of All Tech Support L 11:00 History Vault The Icons That Built America: Titans of Talk SR 2:00 Speaker Dr. Jonas Westover: Creepy Music TH 4:00 Shabbat Eve Service SR	17 11:00 Shabbat Service SR 1:00 Czech Republic Crossword L 2:00 Concert & Popcorn: Simon & Garfunkel Concert in Central Park SR
18 12:30 Rummikub S 2:00 GTCYS Youth Orchestra Live Performance TH 3:00 Cribbage S	Happy Birthday David C! 19 10:00 Forever Fit Exercise TH 11:30 Coffee Clutch L 1:00 Treasured Hands Manicures IH 1:00 Food Committee BR 2:00 Townhall Meeting TH 6:45 BINGO with Talmud Torah TH	20 10:00 Bone Builders Exercise TH 11:00 Choir with Sharon TH 11:15 Christian Services SHW 2:00 Movie Committee SR 3:00 Pumpkin Painting TH 4:30 Happy Hour N	21 10:00 Forever Fit Exercise TH 11:00 Torah Study SR 11:30 Feed My Starving Children Outing L 2:30 Sundae Social L 3:00 Jewish Current Events SR 4:00 Jewish Book Club SR	22 10:00 Bone Builders Exercise TH 11:00 Spirit Lifters SR 11:30 Kosher Lunch at JCC 2:00 General Knowledge Trivia TH 2:00 Trishaw Rides SHW 3:00 Flower Arranging S 4:30 Happy Hour N	23 9:00 Jack of All Tech Support L 10:00 Forever Fit Exercise TH 11:00 History Vault The Icons That Built America: Comedy Kings SR 1:00 Walk this Weight L 2:00 Speaker Steve Yussen: The Nobel Peace Prize TH 4:00 Shabbat Eve Service SR	24 11:00 Shabbat Service SR 1:00 Wise Old Owl Crossword L 2:00 Musical & Popcorn: Mama Mia SR
25 12:00 Football & Pizza: Viking vs. Indianapolis Colts TH 12:30 Rummikub S 2:00 Movie & Popcorn: The Interpreter SR 3:00 Cribbage S	Happy Birthday Allen S! 26 10:00 Forever Fit Exercise TH 11:30 Coffee Clutch L 1:00 Hadassah Book Club: Paper Bullets SR 1:30 Men's Club S 2:00 Treasured Hands Manicures IH 2:30 Dance & Movement TH 7:00 BINGO TH	27 10:00 Catholic Communion SHW 10:00 Bone Builders Exercise TH 11:00 Choir with Sharon TH 11:00 Lobby Trick or Treat L 11:15 Christian Services SHW 2:00 Birthday Social TH 4:30 Happy Hour N	28 10:00 Forever Fit Exercise TH 11:00 Torah Study SR 11:30 The Original Pancake House Lunch Outing L 1:30 Root Beer Floats L 2:00 Welcome New Knollwood Tenants WG 3:00 Jewish Current Events SR 4:00 Jewish Book Club SR	Happy Birthday Delores K! 29 10:00 Bone Builders Exercise TH 11:00 Spirit Lifters SR 11:30 Kosher Lunch at JCC 2:00 Trishaw Rides SHW 2:00 Flower Arranging S 3:30 Live Concert by Tim Patrick TH 4:30 Happy Hour N	30 9:00 Jack of All Tech Support L 10:00 Forever Fit Exercise TH 11:00 History Vault The Icons That Built America: Fight the System SR 1:00 Walk this Weight L 2:00 Speaker Marysue Moses: Looking Past Dementia TH 4:00 Shabbat Eve Service SR	31 11:00 Shabbat Service SR 1:00 Thrillers & Scary Movies Crossword L 2:00 Concert & Popcorn: Barbara Streisand Live at Arrowhead Pond SR 

Please note, reservations are required for all outings and events highlighted in **BOLD**. Sign-up sheets are located at Guest Services. Thank you!

Reservations are required for the events listed below:

- ❖ Treasured Hands Manicure Mondays starting at 1:00PM
- ❖ Paint & Sip: Spiderwebs Tuesday, October 6th at 2:00PM
- ❖ Everly Farms Apple Orchard Wednesday, October 7th at 11:30AM
- ❖ Kosher Lunch Outings at JCC every Thursday at 11:30AM
- ❖ Trishaw Rides every Thursday at 2:00PM
- ❖ Jack of All Tech Support Fridays starting at 9:00AM
- ❖ Vikings Football & Pizza Sunday, October 11th at 12:00PM
- ❖ Men’s Lunch Outing: Nog’s Tuesday, October 13th at 11:00AM
- ❖ The Great Wall Lunch Outing Wednesday, October 14th at 11:30AM
- ❖ Pumpkin Painting Tuesday, October 20th at 3:00PM
- ❖ Feed My Starving Children Outing Wednesday, October 21st at 11:30AM
- ❖ General Knowledge Trivia Wednesday, October 22nd at 2:00PM
- ❖ Vikings Football & Pizza Sunday, October 25th at 12:00PM
- ❖ The Original Pancake House Lunch Outing Wednesday, October 28th at 11:30AM

Please RSVP for these events with Guest Services

Transportation Schedule

- ❖ Monday: 9am-11am Return by 12pm; 1pm-3pm Return by 4pm
- ❖ Tuesday: 9am-11am Return by 12pm; No afternoon rides
- ❖ Wednesday: No Appointments
- ❖ Thursday: 9am-11am Return by 12pm; 1pm-3pm Return by 4pm
- ❖ Friday: 9am-10am Return by 11am; No afternoon rides

Please Schedule Rides with Guest Services



Life Enrichment Calendar
October 2026

Find Your Belonging



- LOCATION KEY:
- L – Lobby
 - S – Studio
 - N – The Nosh
 - TH – Town Hall
 - BR – Boardroom
 - SR – State Room
 - IH – Inspiration Hub
 - 7FL – 7th Floor Lobby
 - ML – Members Lounge
 - WG – The Willows Grill
 - SHW – Sholom Home West