



Knollwood Place Apartments
3630 Phillips Parkway
St. Louis Park, MN 55426

Life Enrichment Programs Calendar

July 2025




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 10:00 Jewish Book Club—SR 10:00/12:00 Trip to JCC (Reservations Required)— LBY 11:15 Christian Services—SHW 11:35 Strength & Balance—TH 1:45 Yiddish Club—SR 3:30 Concert: Bill Mann— TH 4:30 Happy Hour—NOSH	2 10:00 Torah Study—SR 10:45 Rise Early—LBY 11:00 Chair Dancing—TH 12:00 Outing: Walk in the Enchanted Garden (Reservations Required)—LBY 1:15 Ice Cream Sundaes—WG 3:00 Jewish Current Events— SR 4:15 Beginning Hebrew—SR 5:30 Picnic Dinner—TH	3 10:00 Spirit Lifters—SR 11:15 JCC Lunch (Reservations Required)- LBY 11:35 Strength & Balance—TH 1:30 Mystery Snack Meet & Greet with Alex—Patio 2:30 Documentary: <i>Titan: the Oceangate Submersible Disaster (2025)</i> —SR 4:30 4th of July Happy Hour— Patio 7:00 Trivia Night—ST	4 Independence Day Josie is Off No Bus Service No Chair Yoga No Popcorn Cart 1:00 Movie: <i>National Treasure (2004)</i> —SR 4:00 Shabbat Service—SR 	5 10:30 Torah Study—SR 11:00 Shabbat Service—SR 2:30 Movie: <i>American President (1995)</i> —SR
6 10:30 Movie: <i>Dolly Parton: A MusiCares Tribute (2021)</i> —SR 12:30 Rummikub (other games available upon request)—ST 2:30 Movie: <i>13 Going on 30 (2004)</i> —SR	7 No Bus Service 10:30 Jeopardy—SR 11:35 Strength & Balance— TH 1:30 Men's Club—ST 2:30 Gym Time with Josie—KPA Gym 3:30 Biography: Ingrid Bergman—SR 7:15 Bingo—TH	8 No Bus Service 10:00 Jewish Book Club—SR 10:00/12:00 Trip to JCC (Reservations Required)— LBY 11:15 Christian Services—SHW 11:35 Strength & Balance—TH 12:00 Men's Club Lunch—NOSH 1:00 Craft with Emily—HUB 1:45 Yiddish Club—SR 3:30 Concert: Vinnie Rose— TH 4:30 Happy Hour—NOSH 7:00 Knollwood Bookworms—7th Floor Lounge	9 No Bus Service 10:00 Torah Study—SR 10:00 Spectacle Shoppe— LBY 10:45 Rise Early—LBY 11:00 Chair Dancing—TH 2:00 Israeli Scouts—SHW 3:00 Jewish Current Events— SR 4:15 Beginning Hebrew—SR 5:30 Picnic Dinner—TH No Root Beer Floats	10 No Bus Service 10:00 Spirit Lifters—SR 11:15 JCC Lunch (Reservations Required)- LBY 11:35 Strength & Balance—TH 1:30 Gym Time with Josie—KPA Gym 2:30 Documentary: <i>Cold Case—The Tylenol Murders (2025)</i> —SR 4:30 Happy Hour—NOSH 7:00 Trivia Night—ST	11 No Bus Service 10:00 History Vault: American Godfathers—SR 11:35 Chair Yoga—TH 1:00 Fun with iN2L—SR 2:00 Popcorn Cart—WG 2:15 Travel Log: Pakistan with Pakistani Snack—SR 4:00 Shabbat Service—SR	12 10:30 Torah Study—SR 11:00 Shabbat Service & Kiddush—SR/ TH 2:30 Movie: <i>Notorious (1946)</i> —SR
13 10:30 Movie: <i>Smokey and the Bandit (1977)</i> — SR 12:30 Rummikub (other games available upon request)—ST 2:30 Movie: <i>Charlie Wilson's War (2007)</i> —SR	14 10:30 Jeopardy—SR 11:35 Strength & Balance— TH 1:30 Lecture: Deborah Jiang Stein—TH 2:30 Gym Time with Josie—KPA Gym 3:30 Virtual Concert: Aretha Franklin—SR 7:15 Bingo—TH No Men's Club	15 10:00 Jewish Book Club—SR 10:00/12:00 Trip to JCC (Reservations Required)— LBY 11:35 Strength & Balance—TH 1:45 Yiddish Club—SR 3:30 Concert: Woodwind Trio— TH 4:30 Happy Hour—NOSH No Christian Services	16 10:00 Torah Study—SR 10:45 Rise Early—LBY 11:00 Chair Dancing—TH 12:00 Lunch Outing: Pinstripes (Reservations Required)—LBY 1:15 Ice Cream Sundaes— WG 3:00 Jewish Current Events— SR 4:15 Beginning Hebrew—SR	17 10:00 Spirit Lifters—SR 11:15 JCC Lunch (Reservations Required)- LBY 11:35 Strength & Balance—TH 1:30 Gym Time with Josie—KPA Gym 2:30 Documentary: <i>Cold Case— The Tylenol Murders (2025)</i> —SR 4:00 Chamber Music by Berman Family & Friends—LBY 4:30 Happy Hour—NOSH 7:00 Trivia Night—SR	18 10:00 History Vault: American Godfathers—SR 11:35 Chair Yoga—TH 1:00 Films for Friends with Discussion—SR 2:00 Popcorn Cart—WG 4:00 Shabbat Service—SR	19 10:30 Torah Study—SR 11:00 Shabbat Service—SR 2:30 Movie: <i>The Intern (2015)</i> —SR

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>20</div> <div>10:30 Movie: <i>Matilda (2022)</i>—SR</div> <div>12:30 Rummikub (other games available upon request)—ST</div> <div>2:30 Movie: <i>Look Both Ways (2022)</i>—SR</div>	<div>21</div> <div>10:30 Jeopardy—SR</div> <div>11:35 Stength & Balance—TH</div> <div>1:30 Men’s Club Open House—ST</div> <div>2:00 Copperwing Distillery Spirit Tasting—TH</div> <div>3:30 Kindness 101—SR</div> <div>7:15 Bingo—TH</div> <div>No Gym Time with Josie</div>	<div>22</div> <div>10:00 Jewish Book Club—SR</div> <div>10:00/12:00 Trip to JCC (Reservations Required)— LBY</div> <div>11:15 Christian Services—SHW</div> <div>11:35 Strength & Balance—TH</div> <div>1:00 Craft with Emily—HUB</div> <div>1:45 Yiddish Club—SR</div> <div>2:00 Town Hall Meeting—TH</div> <div>3:30 Concert: Woody—TH</div> <div>4:30 Happy Hour—NOSH</div>	<div>23</div> <div>10:00 Torah Study—SR</div> <div>10:45 Rise Early—LBY</div> <div>11:00 Chair Dancing—TH</div> <div>12:00 Outing: Walk in the Arb & Dairy Queen (Reservations Required)—LBY</div> <div>1:00 Paint, Paper, Scissors—TH</div> <div>1:15 Root Beer Floats—WG</div> <div>3:00 Jewish Current Events—SR</div> <div>4:15 Beginning Hebrew—SR</div>	<div>24</div> <div>10:00 Spirit Lifters– SR</div> <div>11:15 JCC Lunch (Reservations Required)- LBY</div> <div>11:35 Strength & Balance—TH</div> <div>1:30 Gym Time with Josie—KPA Gym</div> <div>2:30 Documentary: <i>Jailbreak—Love on the Run (2024)</i>—SR</div> <div>4:30 Happy Hour—NOSH</div> <div>7:00 Trivia Night—ST</div>	<div>25</div> <div>10:00 History Vault: American Godfathers—SR</div> <div>11:35 Chair Yoga—TH</div> <div>1:00 Fun with iN2L—SR</div> <div>2:00 Popcorn Cart—WG</div> <div>2:15 Travel Log: Colombia with a Colombian Snack—SR</div> <div>4:00 Shabbat Service—WG</div>	<div>26</div> <div>10:30 Torah Study—SR</div> <div>11:00 Shabbat Service—SR</div> <div>2:30 Movie: <i>The Starling (2021)</i>—SR</div>
<div>27</div> <div>10:30 Movie: <i>I Used to be Famous (2022)</i>— SR</div> <div>12:30 Rummikub (other games available upon request)—ST</div> <div>2:30 Movie: <i>Falling Inn Love (2019)</i>—SR</div>	<div>28</div> <div>10:30 Trivia—SR</div> <div>11:00 Lunch/Cruise on Lake Minnetonka (Reservations Re-quired)—LBY</div> <div>11:35 Strength & Balance—TH</div> <div>1:00 Book Club—SR</div> <div>1:30 Men’s Club—ST</div> <div>2:30 Gym Time with Josie—KPA Gym</div> <div>3:30 Outrageous Table Talk— SR</div> <div>7:15 Bingo—TH</div>	<div>29</div> <div>10:00 Jewish Book Club—SR</div> <div>10:00/12:00 Trip to JCC (Reservations Required)— LBY</div> <div>11:15 Christian Services—SHW</div> <div>11:35 Strength & Balance—TH</div> <div>1:00 Craft with Emily—HUB</div> <div>1:45 Yiddish Club—SR</div> <div>3:30 Concert: Kathy Nixon—TH</div> <div>4:30 Happy Hour—NOSH</div>	<div>30</div> <div>10:00 Torah Study—SR</div> <div>10:45 Rise Early—LBY</div> <div>11:00 Chair Dancing—TH</div> <div>1:15 Root Beer Floats—WG</div> <div>3:00 Jewish Current Events—SR</div> <div>4:15 Beginning Hebrew—SR</div>	<div>31</div> <div>10:00 Spirit Lifters– SR</div> <div>11:15 JCC Lunch (Reservations Required)- LBY</div> <div>11:35 Strength & Balance—TH</div> <div>1:30 Gym Time with Josie—KPA Gym</div> <div>3:30 Birthday Party with Concert w/ Scott Hieserman—TH</div> <div>4:30 Happy Hour—NOSH</div> <div>7:00 Trivia Night—ST</div> <div>No Documentary</div>	<div>NOTE: Programs/Times Are Subject To Change. Check the bulletin boards on your floor, elevator, and Lobby TV for changes.</div>	
<div></div>	<div>Birthdays</div> <div>7/1 Howard L.</div> <div>7/4 Ashley C.</div> <div>7/11 Christine P.</div> <div>7/14 Dick P.</div> <div>7/15 Louise C.</div> <div>7/20 Steve S.</div> <div>7/22 Mary Jane B.</div> <div>7/26 Janie B.</div> <div>7/27 Ann P.</div>	<div>Location Key</div> <div>TH: Town Hall</div> <div>SR: State Room</div> <div>ST: Studio</div> <div>LBY: Lobby</div> <div>LK: Link</div> <div>WG: Outside Willows Grill</div> <div>BR: KPA Boardroom</div> <div>RAL: Roitenberg</div> <div>SHW: Sholom Home</div> <div>NOSH: The Nosh</div>	<div>Transportation Schedule</div> <div>All outings and transportation must be scheduled at Guest Services at a minimum of 24 hours prior to your appointment. Please DO NOT call the driver.</div> <div>Mondays: 9:00 JCC 9:30—12:30 pm Medical Appointments, Shops @ Knollwood 12:30—5:00 pm Medical Appointments, Byerly’s Trader Joes, Banks, Fresh Thyme</div> <div>Tuesdays: 9:00 am—12:00 pm Medical Appointments and Shops at Knollwood 10:00 & 12:00 JCC</div> <div>Wednesdays: 12:00 pm KPA Outing</div> <div>Thursdays: 9:00—12:00 pm Medical Appointments, Hair/Nail/Banks</div> <div>Fridays: 9:00 JCC 9:30—11:00 am Medical Appointments, Shops@ Knollwood</div>			