

**Knollwood Place Apartments**  
3630 Phillips Parkway  
St. Louis Park, MN 55426

Life Enrichment Programs Calendar

# August 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
A vibrant graphic for "HELLO AUGUST" featuring a pink smoothie with watermelon slices, a slice of watermelon, a pair of orange sunglasses, and a yellow sun in a blue sky. The text "HELLO" is in white and "AUGUST" is in large, bold, pink letters.				A blue circular graphic containing white text that reads: "NOTE: Programs/Times Are Subject To Change. Check the bulletin boards on your floor, elevator, and Lobby TV for changes."	<p>1 <b>10:00</b> History Vault: JFK Jr: The Final Year—SR <b>11:35</b> Chair Yoga—TH <b>1:00</b> Fun with iN2L—SR <b>2:00</b> Popcorn Cart—WG <b>2:15</b> Travel Log: Belgium with Belgian Snack—SR <b>4:00</b> Shabbat Service—SR</p>	<p>2 <b>10:30</b> Torah Study—SR <b>11:00</b> Shabbat Service—SR  <b>2:30</b> Movie: <i>Now You See Me (2013)</i>—SR</p>
<p>3 <b>1:00</b> Open Eye Puppet Theater—TH  <b>2:30</b> Movie: <i>That's Amor (2022)</i>—SR</p>	<p>4 <b>10:30</b> Jeopardy—SR <b>11:35</b> Strength &amp; Balance— TH <b>1:30</b> Aikido Demonstration— TH <b>2:30</b> Gym Time with Josie—KPA Gym <b>3:30</b> Biography: Cary Grant— SR <b>7:15</b> Bingo—TH  No Men's Club</p>	<p>5 <b>10:00</b> Jewish Book Club—SR <b>10:00/12:00</b> Trip to JCC (Reservations Required)— LBY <b>11:15</b> Christian Services—SHW <b>11:35</b> Strength &amp; Balance—TH <b>12:45</b> Craft with Emily—HUB <b>1:45</b> Yiddish Club—SR <b>3:30</b> Concert: Darlin' Jesse— TH <b>4:30</b> Happy Hour—NOSH</p>	<p>6 <b>10:00</b> Torah Study—SR <b>10:45</b> Rise Early—LBY <b>11:00</b> Chair Dancing—TH <b>12:00</b> Outing: Walk in the Minneapolis Art Sculpture Garden (Reservations Required)—LBY <b>1:15</b> Ice Cream Sundaes—WG <b>3:00</b> Jewish Current Events— SR <b>4:15</b> Beginning Hebrew—SR</p>	<p>7 <b>10:00</b> Faith Conversations—SR <b>11:15</b> JCC Lunch (Reservations Required)- LBY <b>11:35</b> Strength &amp; Balance—TH <b>1:30</b> Gym Time with Josie—KPA Gym <b>2:30</b> Documentary: <i>Barbara Walters: Tell Me Everything (2025)</i>—SR <b>4:30</b> Happy Hour—NOSH <b>7:00</b> Trivia Night—ST</p>	<p>8 Josie is Off <b>10:00</b> History Vault: Underwater Universe—SR <b>10:00</b> Catholic Communion—SHW Auditorium <b>11:35</b> Chair Yoga—TH <b>1:30</b> Movie: <i>Finding Neverland (2004)</i>—SR <b>4:00</b> Shabbat Service—SR</p>	<p>9 <b>10:30</b> Torah Study—SR <b>11:00</b> Shabbat Service &amp; Kiddush—SR/ TH  <b>2:30</b> Movie: <i>North by Northwest (1959)</i>—SR</p>
<p>10 <b>12:30</b> St. Paul Saints Baseball Game (Reservations Required)—LBY  <b>2:30</b> Movie: <i>That Touch of Mink (1962)</i>—SR  <b>6:15</b> Sunday Movie with Mark—SR</p>	<p>11 <b>10:30</b> Jeopardy—SR <b>11:35</b> Strength &amp; Balance—TH <b>1:30</b> Men's Club—ST <b>2:30</b> Gym Time with Josie—KPA Gym <b>3:30</b> Virtual Concert: Bruce Springsteen—SR <b>7:15</b> Bingo—TH</p>	<p>12 <b>10:00</b> Jewish Book Club—SR <b>10:00/12:00</b> Trip to JCC (Reservations Required)— LBY <b>12:00</b> Men's Club Lunch—LBY <b>11:35</b> Strength &amp; Balance—TH <b>1:45</b> Yiddish Club—SR <b>3:30</b> Concert: Mark Scroggins— TH <b>4:30</b> Happy Hour—NOSH <b>7:00</b> Knollwood Bookworms— 7th Floor Lounge</p>	<p>13 <b>10:00</b> Torah Study—SR <b>10:45</b> Rise Early—LBY <b>11:00</b> Chair Dancing—TH <b>12:00</b> Lunch Outing: Thirty Bales (Reservations Required)—LBY <b>1:15</b> Root Beer Floats—WG <b>3:00</b> Jewish Current Events— SR <b>4:15</b> Beginning Hebrew—SR</p>	<p>14 <b>10:00</b> Jewish Cultural Connections—SR <b>11:15</b> JCC Lunch (Reservations Required)- LBY <b>11:35</b> Strength &amp; Balance—TH <b>1:30</b> Gym Time with Josie— KPA Gym <b>2:30</b> Documentary: <i>Sunday Best (2025)</i>—SR <b>4:30</b> Happy Hour—NOSH <b>7:00</b> Trivia Night—SR</p>	<p>15 <b>10:00</b> History Vault: The Lincoln Assassination—SR <b>11:35</b> Chair Yoga—TH <b>1:00</b> Films for Friends with Discussion—SR <b>2:00</b> Popcorn Cart—WG <b>4:00</b> Shabbat Service—SR</p>	<p>16 <b>10:30</b> Torah Study—SR <b>11:00</b> Shabbat Service—SR  <b>2:30</b> Movie: <i>Focus (2015)</i>—SR</p>

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div>17</div> <div>12:30 Rummikub (other games available upon request)—ST</div> <div>2:30 Movie: <i>Captain Phillips (2014)</i>—SR</div>	<div>18</div> <div>10:30 Jeopardy—SR</div> <div>11:35 Stength &amp; Balance—TH</div> <div>1:30 Men’s Club—ST</div> <div>2:30 Gym Time with Josie—KPA Gym</div> <div>3:30 Jackie Kennedy: The Real Story of America’s Favorite First Lady—SR</div> <div>7:15 Bingo—TH</div>	<div>19</div> <div>10:00 Jewish Book Club—SR</div> <div>10:00/12:00 Trip to JCC (Reservations Required)— LBY</div> <div>11:15 Christian Services—SHW</div> <div>11:35 Strength &amp; Balance—TH</div> <div>12:45 Craft with Emily—HUB</div> <div>1:45 Yiddish Club—SR</div> <div>2:00 Town Hall Meeting—TH</div> <div>3:30 Concert: Cindi Sheffler—TH</div> <div>4:30 Happy Hour—NOSH</div>	<div>20</div> <div>10:00 Torah Study—SR</div> <div>10:45 Rise Early—LBY</div> <div>11:00 Chair Dancing—TH</div> <div>12:00 Outing: Walk on Nicollet Island &amp; Stone Arch Bridge (Reservation Required)—LBY</div> <div>1:00 Paint, Paper, Scissors—TH</div> <div>1:15 Ice Cream Sundaes—WG</div> <div>3:00 Jewish Current Events—SR</div> <div>4:15 Beginning Hebrew—SR</div>	<div>21</div> <div>10:00 Spirit Lifters– SR</div> <div>11:15 JCC Lunch (Reservations Required)- LBY</div> <div>11:35 Strength &amp; Balance—TH</div> <div>1:00 Lecture: Brushstrokes &amp; Bandits—TH</div> <div>2:30 Documentary: <i>Our Oceans (2024)</i>—SR</div> <div>3:15 Catholic Communion—SHW Auditorium</div> <div>4:30 Happy Hour—NOSH</div> <div>7:00 Trivia Night—ST</div>	<div>22</div> <div>10:00 History Vault: Reagan—SR</div> <div>11:35 Chair Yoga—TH</div> <div>2:00 Murder Mystery Party—TH</div> <div>4:00 Shabbat Service—WG</div> <div>No Fun with iN2L</div> <div>No Popcorn Cart</div>	<div>23</div> <div>10:30 Torah Study—SR</div> <div>11:00 Shabbat Service—SR</div> <div>2:30 Throwback Weekend Movie: <i>Run Silent, Run Deep (1958)</i>—SR</div>
<div>24</div> <div>12:30 Rummikub (other games available upon request)—ST</div> <div>2:30 Sholom Family Fun Day—Parking Lot</div> <div>2:30 Throwback Weekend Movie: <i>State Fair(1945)</i>—SR</div>	<div>25</div> <div>10:00 State Fair (Reservations Required)—LBY</div> <div>10:30 Trivia—SR</div> <div>11:35 Strength &amp; Balance—TH</div> <div>1:00 Book Club—SR</div> <div>1:30 Men’s Club—ST</div> <div>2:30 Gym Time with Josie—KPA Gym</div> <div>3:30 Treasure Chest—SR</div> <div>7:15 Bingo—TH</div>	<div>26</div> <div>10:00 Jewish Book Club—SR</div> <div>10:00/12:00 Trip to JCC (Reservations Required)— LBY</div> <div>11:15 Christian Services—SHW</div> <div>11:35 Strength &amp; Balance—TH</div> <div>12:30 Boat Cruise on Lake Riley (Reservations Required)—LBY</div> <div>1:45 Yiddish Club—SR</div> <div>3:30 Concert: Monroe Wright—TH</div> <div>4:30 Happy Hour—NOSH</div>	<div>27</div> <div>No Bus Service</div> <div>10:00 Torah Study—SR</div> <div>10:45 Rise Early—LBY</div> <div>11:00 Chair Dancing—TH</div> <div>1:00 Jewish Summer Camp Memories—SHW AUD</div> <div>3:00 Jewish Current Events—SR</div> <div>4:15 Beginning Hebrew—SR</div> <div>6:30 Learn to Play Poker—ST</div> <div>No Root Beer Floats</div>	<div>28</div> <div>No Bus Service</div> <div>10:00 Spirit Lifters– SR</div> <div>10:00 Chosen Threads Shopping—LBY</div> <div>11:35 Strength &amp; Balance—TH</div> <div>1:30 Gym Time with Josie—KPA Gym</div> <div>3:30 Birthday Party with Concert w/ Kaity Heart—TH</div> <div>4:30 Happy Hour—NOSH</div> <div>7:00 Trivia Night—ST</div> <div>No Documentary</div>	<div>29</div> <div>No Bus Service</div> <div>10:00 History Vault: Triumph: Jesse Owens &amp; the Berlin Olympics—SR</div> <div>11:35 Chair Yoga—TH</div> <div>1:00 Fun with iN2L—SR</div> <div>2:00 Popcorn Cart—WG</div> <div>2:15 Travel Log: Greece’s Peloponnese with a Greek Snack—SR</div> <div>4:00 Shabbat Service—SR</div>	<div>30</div> <div>10:30 Torah Study—SR</div> <div>11:00 Shabbat Service—SR</div> <div>2:30 Movie: <i>The Theory of Everything (2014)</i>—SR</div>
<div>31</div> <div>12:30 Rummikub (other games available upon request)—ST</div> <div>2:30 Movie: <i>The Mule (2018)</i>— SR</div> <div>6:15 Sunday Movie with Mark—SR</div>	<div>Birthdays</div> <div>8/8 Doreen G.</div> <div>8/16 Marsia H</div> <div>8/11 Dorothy P.</div> <div>8/17 Maurine Z.</div> <div>8/20 Marica E.</div> <div>8/22 Karen R.</div> <div>8/22 Robin S.</div>	<div>Location Key</div> <div>TH: Town Hall</div> <div>SR: State Room</div> <div>ST: Studio</div> <div>LBY: Lobby</div> <div>LK: Link</div> <div>WG: Outside Willows Grill</div> <div>BR: KPA Boardroom</div> <div>RAL: Roitenberg</div> <div>SHW: Sholom Home</div> <div>NOSH: The Nosh</div>	<div>Transportation Schedule</div> <div>All outings and transportation must be scheduled at Guest Services at a minimum of 24 hours prior to your appointment. Please DO NOT call the driver.</div> <div>Mondays: 9:00 JCC 9:30—12:30 pm Medical Appointments, Shops @ Knollwood 12:30—5:00 pm Medical Appointments, Byerly’s Trader Joes, Banks, Fresh Thyme</div> <div>Tuesdays: 9:00 am—12:00 pm Medical Appointments and Shops at Knollwood 10:00 &amp; 12:00 JCC</div> <div>Wednesdays: 12:00 pm KPA Outing</div> <div>Thursdays: 9:00—12:00 pm Medical Appointments, Hair/Nail/Banks, JCC</div> <div>Fridays: 9:00 JCC 9:30—11:00 am Medical Appointments, Shops@ Knollwood</div>			