Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			Bentson Assisted Living *Calendar subject to change* without notice*	Key: NN: Nosh Nook A: Auditorium CR: Community Room NC: Newman Chapel PL: Parking Lot CH.33: Channel 33 on TV L: Lobby R:R: Room-to-Room 5B: 5th Floor Bentson DR: Dining Room	1 National Sunflower Day 10:00 Fit & Fun-CH.33 9:45 Sunflower Art-NN 10:45 Catholic Mass-CR 1:00 Christian Service-CR 1:40 Bingo-NN 2:00 Chef's Table: Nok Suntaranon-CH.33 2:30 GC the Parrot's 40th Birthday Party-A 4:00 Shabbat Service-NC 4:45 Candle Lighting & Blessings-DR	2 Shabbat Observance Tisha B'Av Begins at Sundown 10:00 Shabbat Service-NC 10:00 Pet Visits with Will-L 10:30 Independent Games-NN 1:30 Current Events with Al-NN 2:00 Landscapes of Iceland with Relaxing Music-CH.33 6:00 Movie: The Lost Husband-CH.33
3 <i>Tisha B'Av</i> 9:30 Rosary-CH.33 10:00 Tisha B'Av Service-NC 10:00 Rosary & Communion-CR 10:45 Seated Tai Chi-CH.33 1:00 Movie: Hustle-CH.33	4 Coast Guard's Founding Day Louis Armstrong's Birthday Watermelon Day 10:00 Fit & Fun-CH.33 10:30 Exercise with Julie-NN 1:00 Resident Council Meeting-NN 1:30 Food Committee Meeting-NN 3:00 Watermelon Day Social-NN 3:00 Louis Armstrong: Ambassador of Jazz-CH.33 6:00 Movie: The Guardian-CH.33	5 10:00 Chair Yoga-CH.33 10:30 Exercise with Julie-NN 10:45 Catholic Mass-CH.33 1:30 Pet Visits with Watson-L 2:00 Town Hall Meeting with Congresswoman Betty McCollum-A 2:30 Scrabble-3C 2:45 Movie: The Founder-CH.33 6:00 Lawrence Welk: A North Dakota Farm Boy-CH.33	6 Lucille Ball's Birthday 10:00 Fit & Fun-CH.33 10:30 Ants in the Pants Game-A 1:15 Lawn Games with Hanna-A 2:45 Rummikub-NN 3:00 The Residence Episode 8: The Mystery of the Yellow Room-CH.33 3:45 Music with David-L 6:00 Movie: Luci & Desi: Before the Laughter-CH.33	7 10:00 Chair Yoga-CH.33 10:00 The Residence Episode 8: The Mystery of the Yellow Room-CR 1:30 Hanna's College Sendoff Party-A 3:00 Wonders of Venice-CH.33 6:00 The Printing Press: How this 15th Century Invention Changed the World-CH.33	8 Tu B'Av Begins at Sundown 10:00 Fit & Fun-CH.33 10:30 Coffee & Conversation with Hanna-NN 1:00 Christian Service-CR 1:40 Bingo-NN 2:00 The Innovations Powering Space Travel-CH.33 4:00 Shabbat Service-NC 4:45 Candle Lighting & Blessings-DR	9 Shabbat Observance Tu B'Av 10:00 Shabbat Service-NC 12:30 Music with Robert Lipscomb-L 1:30 Current Events with Al-NN 2:00 Views of Israel with Calming Music-CH.33 3:30 Share a Book Club-NN 6:00 Movie: Love, Guaranteed-CH.33
10 9:30 Rosary-CH.33 10:00 Rosary & Communion-CR 10:30 Bingo-NN 10:45 20 Minute Chair Exercise -CH.33 12:45 Piano Music with Rita Lusky-L 1:00 Movie: Glass Onion-CH.33 1:45 Facts & Five-NN	11 10:00 Fit & Fun-CH.33 10:30 Exercise with Julie 1:30 Armchair Travel-CR 3:00 The Lincoln Lawyer Episode 1: He Rides Again-CR 3:00 The Wild, Weird Geography of America: How the States Got Their Shapes-CH.33 6:00 Movie: Rescued by Ruby-CH.33	12 10:00 Chair Yoga-CH.33 10:30 Rock Painting with Robin-NN 10:45 Catholic Mass-CH.33 1:30 Happy Hour Music with Diane Zilverberg & Lee-A 2:30 Scrabble-3C 2:45 Movie: How to Steal a Million-CH.33 6:00 Cold War Secrets of Northern Minnesota-CH.33	13 Alfred Hitchcock's Birthday 10:00 Fit & Fun-CH.33 10:30 Exercise with Julie-NN 12:00 Lunch Inning-5B 1:15 Target Practice-A 2:45 Rummikub-NN 3:00 The Lincoln Lawyer Episode 1: He Rides Again-CH.33 3:30 Women's Tea with Chaplain Amy-5B 6:00 Movie: Rear Window-CH.33	14 Steve Martin's Birthday 10:00 Chair Yoga-CH.33 10:45 Calendar Committee Meeting -NN 1:30 Minute-To-Win-It: Water Edition-PL 3:00 The Food that Built America: Building America's Chocolate Empire-CH.33 6:00 Steve Martin & Martin Short: An Evening You Will Forget for the Rest of Your Life-CH.33	15 Julia Child's Birthday 10:00 Fit & Fun-CH.33 10:30 Lemon Dessert Social with Suzi-NN 1:00 Christian Service-CR 1:40 Bingo-NN 2:00 Instant Dream Home: School House Rock-CH.33 3:00 Spiritual Wisdom with Cantor Wendi-NN 4:00 Shabbat Service-NC 4:45 Candle Lighting & Blessings-DR	16 Shabbat Observance 10:00 Shabbat Service-NC 10:00 Pet Visits with Will-L 10:30 Independent Games-NN 12:30 Music with Ilya-Lobby 1:30 Current Events with Al-NN 2:00 English Countryside with Scenic Relaxation-CH.33 6:00 Movie: Julie & Julia-CH.33
17 9:30 Rosary-CH.33 10:00 Rosary & Communion-CR 10:30 Bingo with Sabrina & Yelva-NN 10:45 Chair Stretches for Improved Flexibility-CH.33 1:00 Movie: The Age of Innocence-CH.33	18 Antiques Day Robert Redford's Birthday 10:00 Fit & Fun-CH.33 10:30 Outdoor Science Experiments-PL 1:00 Grandma's Attic Activity-NN 1:30 Pet Visits with Watson-L 3:00 The Lincoln Lawyer Episode 2: The Magic Bullet-CR 3:00 Antiques Roadshow: New York City-CH.33 6:00 Movie: Butch Cassidy & the Sundance Kid-CH.33	19 10:00 Chair Yoga-CH.33 10:30 Exercise with Julie-NN 10:45 Catholic Mass-CH.33 11:30 JR Mac's Lunch Outing-L 1:30 Happy Hour Music with Tim Patrick-A 2:30 Scrabble-3C 2:45 Movie: Rudy-CH.33 6:00 Lost Duluth-CH.33	20 10:00 Fit & Fun-CH.33 10:30 Exercise with Julie-NN 11:30 Luau Luncheon-DR 1:15 Drum Fit-A 2:45 Rummikub-NN 3:00 The Lincoln Lawyer Episode 2: The Magic Bullet-CH.33 6:00 Movie: Aloha-CH.33	21 Hawaii Statehood Anniversary 10:00 Chair Yoga-CH.33 10:00 Boating Outing-Lobby 10:30 Exercise with Julie-NN 1:30 Independent Games, Coloring, & Puzzles-NN 3:00 The Quilters-CH.33 6:00 How Hawaii Became America's 50th State-CH.33	22 10:00 Fit and Fun-CH.33 10:30 Coffee & Poetry with Suzi-NN 1:00 Christian Service-CR 1:40 Bingo-NN 2:00 Glensheen & the Congdon Legacy-CH.33 2:45 Jewish Culture Connection-NN 4:00 Shabbat Service-NC 4:45 Candle Lighting & Blessings -DR	23 Shabbat Observance Gene Kelly's Birthday 10:00 Shabbat Service-NC 10:30 Independent Games-NN 12:30 Music with Phil Kitze-Lobby 1:30 Current Events with Al-NN 2:00 African Safari with Relaxing Music-CH.33 3:30 Share a Book Club-NN 6:00 Movie: Singin' in the Rain-CH.33
9:30 Rosary-CH.33 10:00 Rosary & Communion-CR 10:30 Bingo with Yelva-NN 10:45 Cardio Boxing for Limited Mobility -CH.33 1:00 Movie: Captain Phillips-CH.33 31 9:30 Rosary-CH.33 10:00 Rosary & Communion-CR 10:30 Bingo-NN 10:45 Whole Body Seated Exercise-CH.33 1:00 Movie: Mr. Holland's Opus-CH.33	25 Dog Days of Summer National Park Service Anniversary 10:00 Fit & Fun-CH.33 10:30 Exercise with Julie-NN 1:00 Pet Rescue Service Project-NN 3:00 The Lincoln Lawyer Episode 3: Momentum-CR 3:00 The History of the U.S. National Parks Service-CH.33 6:00 Movie: Instant Family-CH.33	26 10:00 Chair Yoga-CH.33 10:30 Exercise with Julie-NN 10:45 Catholic Mass-CH.33 1:30 Happy Hour Music with Michael Riddle-A 2:30 Scrabble-3C 2:45 Movie: Enola Holmes-CH.33 6:00 The Food that Built America: War, Innovation, & Fast Food-CH.33	27 10:00 Fit & Fun-CH.33 10:30 Exercise with Julie-NN 1:15 Lawn Games-A 2:45 Rummikub-NN 3:00 The Lincoln Lawyer Episode 3: Momentum-CH.33 3:30 Spiritual Perspectives with Chaplain Amy-CR 6:00 Movie: Shirley-CH.33	28 10:00 Chair Yoga-CH.33 10:30 Exercise with Julie-NN 2:00 Paint, Paper, Scissors-NN 3:00 Street Food USA: Los Angeles, California-CH.33 6:00 Our Oceans: Indian Ocean -CH.33	29 Ingrid Bergman's Birthday 10:00 Fit and Fun-CH.33 10:30 Magazine Scavenger Hunt with Suzi-NN 1:00 Christian Service-CR 1:40 Bingo-NN 2:00 Behind the Scenes of Casablanca-CH.33 3:00 Spiritual Wisdom with Cantor Wendi-NN 4:00 Shabbat Service-NC 4:45 Candle Lighting & Blessings-DR	30 Shabbat Observance 10:00 Shabbat Service-NC 10:30 Independent Games-NN 12:30 Music with Vasili- Lobby 1:30 Current Events with Al- NN 2:00 Scenic Lake Tahoe with Relaxing Music-CH.33 6:00 Movie: Here-CH.33