

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday



July 2026

RAL MC Activity Schedule

<p>9:00 Morning Coffee Social and Breakfast 10:00 Relaxing Music 11:30 Lunch 2:00 Snack & TV Reruns 4:30 Dinner 6:00 Movie</p>	<p>9:00 Current Events w/ Shayne 10:00 Art with OMA 11:00 Stretching 11:15 Piano Concert w/ Lev 1:15 Tover touch table/ Music & Memory w/ Paula 2:00 Bingo/ Manicures 3:00 Root Beer Floats 4:00 Hebrew Convo/ Pic/Box</p>	<p>9:00 Current Events w/ Shayne 10:00 Exercise/ PicBox 11:00 Movement w/ Sandy 1:15 Songs with Cantor 2:00 Laughter with Suzie 3:15 Bowling /Adult Coloring 4:00 America's Funniest Videos/ Bob Saget> YouTube Happy Birthday, Carol</p>	<p>9:00 Donuts & Drive 10:00 Exercise/ Pic Box 11:00 Movement w/ Sandy/ Chair Dancing 1:15 Jewish Current Events/ Touch Table 2:00 Stories w/Nancy 3:00 Art with Emily 4:00 Simple Stretch <small>Canada Day</small></p>	<p>9:00 Current Events w/ Shayne/ Music & Memory w/ Jenna 10:00 Exercise/ Pic Box 11:00 Moving w/Sandy/ Yiddish 1:00 Christian 1-1 Visits/ Songs w/ Cantor 2:00 Christian Service/ Concert: Andy Steinfeldt 3:30 Animal Videos> YouTube</p>	<p>9:00 Current Events w/ Shayne 10:00 Exercise/ Funny Videos 11:30 RAL July Cookout 1:00 Jewish& Folk Songs 2:00 Snack Social 3:00 Shabbat Service</p>	<p>9:00 Morning Coffee Social and Breakfast 10:00 Relaxing Music 2:00 Snack & TV Reruns 6:00 Movie Night</p> <p>Happy Birthday, Ashley</p> <p><small>Independence Day (U.S.)</small></p>
<p>9:00 Morning Coffee Social and Breakfast 10:00 Relaxing Music 11:30 Lunch 2:00 Snack & TV Reruns 4:30 Dinner 6:00 Movie</p>	<p>9:00 Current Events w/ Shayne 10:00 Art with OMA 11:00 Stretching 11:15 Piano Concert w/ Lev 1:15 Tover touch table/ Music & Memory w/ Paula 2:00 Bingo/ Manicures 3:00 Pie Social 4:00 Hebrew Convo/ Pic/Box</p>	<p>9:00 Current Events w/ Shayne 10:00 Exercise/ Pic Box/ Pet Visit w/ Tonka 11:00 Movement w/ Sandy 1:15 Songs with Cantor 2:00 Drumming /Question Ball 3:00 Bowling/ Adult Coloring 4:00 America's Funniest Videos/ Bob Saget> YouTube <small>Bastille Day</small></p>	<p>9:00 Donuts & Drive 10:00 Exercise/ Pic Box 11:00 Movement w/ Sandy/ Chair Dancing 1:15 Jewish Current Events/ Touch Table 2:00 Stories w/Nancy 3:00 Throwback Music 4:00 Simple Stretch</p>	<p>9:00 Current Events w/ Shayne/ Music & Memory w/ Jenna 10:00 Exercise/ Pic Box 11:00 Moving w/Sandy/ Yiddish 1:00 Christian Visits/ Songs w/ Cantor 2:00 Christian Service/ TV Reruns 3:00 Animal Videos> YouTube Happy Birthday, Ethel</p>	<p>9:00 Current Events w/ Shayne 10:00 Hand Massages 12:15 Outing: Fishing Trip 1:00 Jewish& Folk Songs 2:00 Snack in the Courtyard 3:00 Shabbat Service</p>	<p>9:00 Morning Coffee Social and Breakfast 10:00 Relaxing Music 2:00 Snack & TV Reruns 6:00 Movie Night</p>
<p>9:00 Morning Coffee Social and Breakfast 10:00 Relaxing Music 11:30 Lunch 2:00 Snack & TV Reruns 4:30 Dinner 6:00 Movie</p>	<p>9:00 Current Events w/ Shayne 10:00 Art with OMA 11:00 Stretching 11:15 Piano Concert w/ Lev 1:15 Tover touch table/ Music & Memory w/ Paula 2:00 Bingo/ Water Wow Painting 3:00 Ice Cream Social 4:00 Hebrew Convo/ Pic/Box</p>	<p>9:00 Current Events w/ Shayne 10:00 Exercise/ Manicures 11:00 Movement w/ Sandy 1:15 Songs with Cantor 2:00 Drumming/ Music & Meditation 3:15 Bowling / Adult Coloring 4:00 America's Funniest Videos/ Bob Saget> YouTube</p>	<p>9:00 Donuts & Drive 10:00 Exercise/ Pic Box 11:00 Movement w/ Sandy/ Chair Dancing 1:15 Jewish Current Events/ Touch Table 2:00 PPS/ Stories w/Nancy 3:00 Throwback Music 4:00 Simple Stretch</p>	<p>9:00 Current Events w/ Shayne/ Music & Memory w/ Jenna 10:00 Exercise/ Pic Box 11:00 Moving w/Sandy/ Yiddish 1:00 Christian Visits/ Songs w/ Cantor 2:00 Christian Service/ TV Reruns 3:00 Animal Videos> YouTube</p>	<p>9:00 Current Events w/ Shayne 10:00 Exercise/ Hand Massages 11:45 Outing: Crossroads 1:00 Jewish& Folk Songs 2:00 Snack in the Courtyard 3:00 Shabbat Service</p> <p>Happy Birthday, Pauline</p>	<p>9:00 Morning Coffee Social and Breakfast 10:00 Relaxing Music 2:00 Snack & TV Reruns 6:00 Movie Night</p>
<p>9:00 Morning Coffee Social and Breakfast 10:00 Relaxing Music 11:30 Lunch 2:00 Snack & TV Reruns 4:30 Dinner 6:00 Movie</p> <p>Happy Birthday, Janie</p>	<p>9:00 Current Events w/ Shayne 10:00 Art with OMA 11:00 Stretching 11:15 Piano Concert w/ Lev 1:15 Tover touch table/ Music &Memory w/ Paula 2:00 Israeli Scouts @ SHW 4:00 Hebrew Convo/ Pic/Box</p>	<p>9:00 Current Events w/ Shayne 10:00 Exercise/ Manicures 11:00 Movement w/ Sandy 1:15 Songs with Cantor 2:00 Laughter with Suzie 3:15 Bowling/ Adult Coloring 4:00 America's Funniest Videos/ Bob Saget> YouTube</p>	<p>9:00 Donuts & Drive 10:00 Exercise/ Pic Box 11:00 Movement w/ Sandy/ Chair Dancing 1:15 Jewish Current Events/ Touch Table 2:00 Stories w/Nancy 3:00 Throwback Music 4:00 Simple Stretch</p>	<p>9:00 Current Events w/ Shayne/ Music & Memory w/ Jenna 10:00 Exercise/ Pic Box 11:00 Movement w/ Sandy 1:00 Christian Service/ Songs w/ Cantor 2:00 B-Day Party/ TV Reruns 3:00 Animal Videos> YouTube</p>	<p>9:00 Current Events w/ Shayne 10:00 Hand Massages 11:45 Outing: Noodles & Company 1:00 Jewish& Folk Songs 2:00 Snack in the Courtyard 3:00 Shabbat Service</p>	

Groups in **Red** are hosted in AL *** Groups in **Black** are hosted in MC