August 2026

sholom ASSISTED LIVING

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 9:00 Morning Coffee Social and Breakfast 10:00 Relaxing Music 2:00 Snack & TV Reruns 6:00 Movie Night
2 9:00 Morning Coffee Social and Breakfast 10:00 Relaxing Music 11:30 Lunch 2:00 Snack & TV Reruns 4:30 Dinner 6:00 Movie	**3** 9:30 Tri-Shaw Rides w/ Ruth 10:00 Art with OMA 11:00 Stretching 11:15 Piano Concert w/ Lev 1:30 Seats & Beats w/ Shannon/ Music & Memory w/ Paula 2:00 Bingo/ Manicures 3:00 Root Beer Floats 4:00 Hebrew Convo/ Pic/Box	**4** 9:00 Daily Chronicles 10:00 Exercise/ Pic Box 11:00 Movement w/ Sandy 1:00 Jewish Folk Songs w/ Rabbi 2:00 Laughter with Suzie/ Pet Visit w/ Jude 3:30 Musical Duo Concert 4:00 America's Funniest Videos/ Bob Saget> YouTube	**5** 9:00 Donuts & Drive 10:00 Touch Table 11:00 Chair Dancing 11:45 Nation 'Day' Out Cookout 1:15 Jewish Current Events/ Pic Box 2:00 Stories w/Nancy 3:00 Throwback Music 4:00 Simple Stretch	**6** Happy Birthday, Marlene K. 9:00 Daily Chronicles 10:00 Exercise/ Pic Box 11:00 Moving w/Sandy/ Yiddish 1:00 Christian 1-1 Visits/ Jewish Folk Songs w/ Rabbi 2:00 Christian Service/ Concert: Andy Steinfeldt 3:30 Animal Videos> YouTube	**7** 10:00 Exercise/ Funny Videos 11:45 Outing: Hazelwood 2:00 Snack Social 3:00 Shabbat Service	**8** 9:00 Morning Coffee Social and Breakfast 10:00 Relaxing Music 2:00 Snack & TV Reruns 6:00 Movie Night
9 9:00 Morning Coffee Social and Breakfast 10:00 Relaxing Music 11:30 Lunch 1:00 Jewish& Folk Songs 2:00 Snack & TV Reruns 4:30 Dinner 6:00 Movie	**10** 9:30 Tri-Shaw Rides w/ Ruth 10:00 Art with OMA 11:00 Stretching 11:15 Piano Concert w/ Lev 1:30 Seats & Beats w/ Shannon/ Music & Memory w/ Paula 2:00 Bingo/ Manicures 3:00 Pie Social 4:00 Hebrew Convo/ Pic/Box	**11** 9:00 Daily Chronicles 10:00 Exercise/ Pic Box/ 11:00 Movement w/ Sandy 11:30 Takeout from Basil 1:00 Jewish Folk Songs w/ Rabbi 2:00 Drumming /Question Ball 3:00 Bowling/ Adult Coloring 4:00 America's Funniest Videos/ Bob Saget> YouTube	**12** 9:00 Donuts & Drive 10:00 Touch Table 11:00 Chair Dancing 1:15 Jewish Current Events/ Pic Box 2:00 Stories w/Nancy 3:00 Throwback Music/ Art Experiment 4:00 Simple Stretch	**13** 9:00 Daily Chronicles 10:00 Exercise/ Pic Box 11:00 Moving w/Sandy/ Yiddish 1:00 Christian Visits/ Jewish Folk Songs w/ Rabbi 2:00 Christian Service/ TV Reruns 3:00 Animal Videos> YouTube	**14** 10:00 Exercise/ Hand Massages 11:45 Outing: MN Historical Society 1:00 Jewish& Folk Songs 2:00 Snack in the Courtyard 3:00 Shabbat Service	**15** 9:00 Morning Coffee Social and Breakfast 10:00 Relaxing Music 2:00 Snack & TV Reruns 6:00 Movie Night
16 9:00 Morning Coffee Social and Breakfast 10:00 Relaxing Music 11:30 Lunch 2:00 Snack & TV Reruns 4:30 Dinner 6:00 Movie	**17** 9:30 Tri-Shaw Rides w/ Ruth 10:00 Art with OMA 11:00 Stretching 11:15 Piano Concert w/ Lev 1:30 Seats & Beats w/ Shannon/ Music & Memory w/ Paula 2:00 Bingo/ Water Wow Painting 3:00 Milkshakes Social 4:00 Hebrew Convo/ Pic/Box	**18** 9:00 Daily Chronicles 10:00 Exercise/ Manicures 11:00 Movement w/ Sandy 1:00 Jewish Folk Songs w/ Rabbi 2:00 Laughter with Suzie 3:15 Bowling / Adult Coloring 4:00 America's Funniest Videos/ Bob Saget> YouTube	**19** 9:00 Donuts & Drive 10:00 Touch Table 11:00 Chair Dancing 1:15 Jewish Current Events/ Pic Box 2:00 PPS/ Stories w/Nancy 3:00 Throwback Music 4:00 Simple Stretch	**20** 9:00 Daily Chronicles 10:00 Exercise/ Pic Box 11:00 Moving w/Sandy/ Yiddish 1:00 Christian Visits/ Jewish Folk Songs w/ Rabbi 2:00 Christian Service/ Talent Show @ SHW 3:00 Animal Videos> YouTube	**21** Happy Birthday, Joyce! 10:00 Exercise/ Hand Massages 12:15 Outing: The Loop 1:00 Jewish& Folk Songs 2:00 Snack in the Courtyard 3:00 Shabbot Service	**22** 9:00 Morning Coffee Social and Breakfast 10:00 Relaxing Music 2:00 Snack & TV Reruns 6:00 Movie Night
23 9:00 Morning Coffee Social and Breakfast 10:00 Relaxing Music 11:30 Lunch 2:00 Snack & TV Reruns 4:30 Dinner 6:00 Movie	**24** Happy Birthday, Aljean! 9:30 Tri-Shaw Rides w/ Ruth 10:00 Art with OMA 11:00 Stretching 11:15 Piano Concert w/ Lev 1:30 Seats & Beats w/ Shannon/ Music & Memory w/ Paula 2:00 Bingo/ Water Wow Painting 3:00 Ice Cream Social 4:00 Hebrew Convo/ Pic/Box	**25** 9:00 Daily Chronicles 10:00 Exercise/ Manicures 11:00 Movement w/ Sandy 1:00 Jewish Folk Songs w/ Rabbi 2:00 Drumming/ Music & Meditation 3:15 Bowling/ Adult Coloring 4:00 America's Funniest Videos/ Bob Saget> YouTube	**26** 9:00 Donuts & Drive 10:00 Touch Table 11:00 Chair Dancing 1:15 Jewish Current Events/ Pic Box 2:00 Stories w/ Nancy/ Spa Day 3:00 Throwback Music 4:00 Simple Stretch	**27** Happy Birthday, Elaine! 9:00 Daily Chronicles 10:00 Exercise/ Pic Box 11:00 Moving w/Sandy/ Yiddish 1:00 Christian Service/ Jewish Folk Songs w/ Rabbi 2:00 Birthday Party TV Reruns 3:00 Animal Videos> YouTube	**28** 10:00 Exercise/ Hand Massages 11:45 Outing: Applebee's 1:00 Jewish& Folk Songs 2:00 Snack in the Courtyard 3:00 Shabbot Service	**29** 9:00 Morning Coffee Social and Breakfast 10:00 Relaxing Music 2:00 Snack & TV Reruns 6:00 Movie Night
30 9:00 Morning Coffee Social and Breakfast 10:00 Relaxing Music 11:30 Lunch 2:00 Snack & TV Reruns/ 'On Golden Pond' Play @ SHW 4:30 Dinner 6:00 Movie	**31** Happy Birthday, Judy! 9:30 Tri-Shaw Rides w/ Ruth 10:00 Art with OMA 11:00 Stretching 11:15 Piano Concert w/ Lev 1:30 Seats & Beats w/ Shannon/ Music & Memory w/ Paula 2:00 Bingo/ Water Wow Painting 3:00 Yogurt Parfaits Social 4:00 Hebrew Convo/ Pic/Box					

RAL MC Activity Schedule

Groups in ***Red*** are hosted **OFF** Unit *** Groups in ***Black*** are hosted **ON** Unit