

Getting to Know You: Resident Lorraine

Lorraine is a St. Paul native. She was born and raised in South St. Paul. This is also where she raised her three children: Robert (Bob), Fred, and Deborah. Some of you may have met Bob as he visits Lorraine often. Her other two children currently live in California. Lorraine met her husband Marcus at the University of Minnesota in 1941. She taught for many years—working with gifted children and teaching in elementary classrooms. Lorraine earned her PhD in education. She was an advocate for gifted education in Minnesota for many years. She still enjoys reading, playing Scrabble, watching the evening news, and playing the piano. In fact, she still takes piano lessons once a week with her friend, EB! Also, Lorraine loves to travel. Some of her most memorable trips were to Israel and China. Lorraine published a book sharing the love letters written between her and her husband during the war.

Please welcome Lorraine!



Barb focuses on fitness while pedaling the stationary bike. Way to go, Barb!



Gene watches old music videos from WWI on the iPad. "Hail, Hail, the gang's all here!"



Rosalind enjoys listening to classical music in the lounge.

*April
showers
bring
May
flowers...*

Phillips Center for Memory Care Newsletter

April 2022

Sholom Home East |
730 Kay Ave., St. Paul, MN 55102 |
651.328.2000 | www.sholom.com

April Events & Activities

Celebrating April

April Fools' Day
April 1

**Dorothy's
Birthday**
April 5

Passover
April 15–23

Easter
April 17

Earth Day
April 22

Arbor Day
April 29

****New** Exercise Program in April:** Starting in April, we will have a new exercise program on Tuesday and Thursday mornings at 10:30 am in the sun room. Please help to welcome our new fitness instructor, Julie! This 30 minute program is a good time to focus on improving your strength, balance, and flexibility.

Friday Happy Hours: Join us every Friday for our weekly happy hour called "Sip, Savor, and Socialize!" We'll enjoy snacks and refreshments, including wine, beer, and pop.

Creative Corner with Volunteer Lynette: Our amazing volunteer Lynette will be here Tuesday and Thursday evenings to offer a variety of creative opportunities including coloring and sharing inspiring quotes! Please meet her in the sun room after dinner if you are interested. Lynette also calls Bingo on Saturday afternoons! Thank you, Lynette!

Live Music Every Tuesday and Wednesday: Please see the calendar for this month's offering of live entertainment in the auditorium! There's something for everyone!



Memory Care Meal Times

Breakfast: 7:00 am Lunch: 11:30 am Dinner: 4:45 pm