

# Bentson Assisted Living ~ September 2020

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
		<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b> <b>Shabbat Observance</b>	
L Lobby CH33 Channel 33 on television NN Nosh Nook PL Parking Lot TELE Teleconference R2R Room to room, at your apt. A Mains - Auditorium CR Community Room 3C 3rd Floor Chapman 5B 5th Floor Bentson		10:00 Chair Yoga - CH33 10:45 Catholic Mass - CH33  1:30 Happy Hour, State Fair with Todd Anderson - CH33, R2R  2:45 Movie "Silk Stockings" (1957) - CH33 6:30 Simon and Garfunkle concert - CH33	10:00 Fit and Fun - CH33 10:30 Today in History - NN  1:15 BAL Tenant Meeting - A 2:30 America: The Story of Us Ep. 1 "Rebels" - CH33 3:15 Virtual Reality "Tour of Bangkok" - NN 6:30 Movie "The Return of the Pink Panther" (1975) - CH33	10:00 Chair Yoga - CH33  1:15 Bingo with Liz - NN 2:30 Video "Glensheen & the Congdon Legacy" - CH33 3:30 Jewish Sparks with Rabbi Nemiroff - NN 6:30 Split Rock, The Superior Light - CH33	10:00 Fit and Fun - CH33 10:30 Christian services with Chaplain Amy - CH16 10:30 Trivia and discussion - NN  1:30 Group Crossword - NN 2:30 State Fair video and snack cart - CH33, R2R 4:00 Shabbat Service - CH33	9:00 Shabbat services with Beth Jacob congregation - CH33  1:30 Current Events Group - TELE  2:30 Klezmer music, by She'Koyokh - CH33  6:30 Movie "Wonderstruck" (2017) - CH33	
<b>6</b>	<b>7</b> <b>LABOR DAY</b>	<b>8</b>	<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b> <b>Shabbat Observance</b>	
9:30 Catholic Rosary - CH 33  10:45 Morning Exercise "Sweet Feet" - CH33  2:30 Secrets of the Royal Kitchen documentary - CH33  3:30 Social Solidarity singers - PL	10:00 Fit and Fun - CH33  2:30 Video "Diana: The Royal Truth" - CH33  6:30 Movie "Operation Petticoat" (1959) - CH33	10:00 Chair Yoga - CH33 10:45 Catholic Mass - CH33  1:30 Happy Hour concert by Tony Garry - CH33, R2R  2:45 Movie "Lean on Me" (1989) - CH33 6:30 Women's Voting Rights Beyond the 19th Amendment - CH33	10:00 Fit and Fun - CH33 10:30 Today in History - NN  1:30 Virtual Reality "Highlights of Australia" - NN 2:30 America: The Story of Us Ep. 2 "Revolution" - CH33 6:30 Movie "Mrs Henderson Presents" (2005) - CH33 (Rated R)	10:00 Chair Yoga - CH33  Flu shot clinic - Floor by floor 1:30 Bingo with Liz - NN 2:30 University of MN Raptor Ctr "Raptors in Flight" - CH33 3:30 Jewish Sparks with Rabbi Nemiroff - NN 6:30 Historic Trails of Northern Minnesota - CH33	10:00 Fit and Fun - CH33 10:30 Christian services with Chaplain Amy - CH16 10:30 Trivia and discussion - NN  1:30 Group Crossword - NN 4:00 Shabbat Service - CH33	9:00 Shabbat services with Beth Jacob congregation - CH33  1:30 Current Events Group - TELE  2:30 The Power of Meditation - CH33  7:00 Selichot service - CH33	
<b>13</b> <b>Grandparent's Day</b>	<b>14</b>	<b>15</b>	<b>NATIONAL ASSISTED LIVING WEEK</b>			<b>18</b>	<b>19</b> <b>Shabbat Observance</b> <b>ROSH HASHANA</b>
9:30 Catholic Rosary - CH 33 10:45 Morning Exercise - CH33 Tai Chi - CH33  2:00 Opera "Turandot" - CH33  3:30 Social Solidarity singers - PL	10:00 Fit and Fun - CH33 1:15 Bingo with Liz - NN  2:30 Cary Grant: The Leading Man - CH33  6:30 Movie "Keep On Keepin' On" (2014) - CH33	10:00 Chair Yoga - CH33 10:45 Catholic Mass - CH33  1:30 Happy Hour concert by Kent Appledorn - CH33, R2R 2:45 Movie "Is Anybody There?" (2008) - CH33 6:30 Concert by Johnny Cash - CH33	10:00 Fit and Fun - CH33 10:30 Today in History - NN  1:30 Virtual Reality "Famous Artists" - NN 2:30 America: The Story of Us Ep. 3 "Westward" - CH33 6:30 Movie "Casino Royale" (2006) - CH33	10:00 Chair Yoga - CH33 1:15 Bingo with Liz - NN  2:30 Jewish Culture Video "Strictly Kosher" - CH33 3:30 Jewish Sparks with Rabbi Nemiroff - NN 6:30 Minnesota's Lost Mining Towns - CH33	10:00 Fit and Fun - CH33 10:30 Christian services with Chaplain Amy - CH16 10:30 AL Week project unveiling - NN 1:30 Group Crossword - NN 2:30 Autumn themed snack cart and bluegrass music - CH33, R2R 4:45 Rosh Hashana blessings - DR 5:45 Rosh Hashana blessings - DR	10:00 Rosh Hashana Morning Service - CH33  1:30 Current Events Group - TELE  2:30 Songs of the Jewish Shtetle - CH33  	
<b>20</b> <b>ROSH HASHANA</b>	<b>21</b>	<b>22</b> <b>Fall Equinox</b>	<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b> <b>Shabbat Observance</b>	
9:30 Catholic Rosary - CH 33  10:45 Morning Exercise - CH33 YMCA Chair Yoga - CH33  	10:00 Fit and Fun - CH33  1:15 Bingo with Liz - NN  2:30 Audrey Hepburn: Remembered - CH33  6:30 Movie "Red River" (1948) - CH33	10:00 Chair Yoga - CH33 10:45 Catholic Mass - CH33  1:30 Happy Hour concert by Malt Shop Melodies - CH33, R2R  2:45 Movie "Sully" (2016) - CH33 6:30 Jane Austen: Behind Closed Doors - CH33	10:00 Fit and Fun - CH33 10:30 Today in History - NN  1:30 Virtual Reality - NN "Find the Animals" - NN 2:30 America: The Story of Us Ep. 4 "Division" - CH33 6:30 Movie "My Favorite Year" (1982) - CH33	10:00 Chair Yoga - CH33  1:15 Bingo with Liz - NN 2:30 "Wolf Ecology" by the Intl. Wolf Center in Ely - CH33  3:30 Jewish Sparks with Rabbi Nemiroff - NN 6:30 "Enchanting Autumn" scenes and relaxation music - CH33	10:00 Fit and Fun - CH33 10:30 Christian services with Chaplain Amy - CH16 10:30 Trivia and discussion - NN  1:30 Group Crossword - NN 4:00 Shabbat Service - CH33	9:00 Shabbat services with Beth Jacob congregation - CH33  1:30 Current Events Group - TELE  2:30 Documentary "Enlightenment" - CH33  6:30 Movie "Chocolat" (2000) - CH33	
<b>27</b>	<b>28</b> <b>YOM KIPPUR</b>	<b>29</b>	<b>30</b>	<b>September</b>			
9:30 Catholic Rosary - CH 33 10:30 Morning Exercise - CH33  2:30 Carol Burnett Show with Betty White - CH33  3:30 Social Solidarity singers - PL  7:00 Kol Nidre Service - CH33	10:00 Yom Kippur morning service - CH33  6:45 Yom Kippur Neilah service - CH33  	10:00 Chair Yoga - CH33 10:45 Catholic Mass - CH33  1:30 Happy Hour concert with Randy Roloff - CH33, R2R  2:45 Movie "Last Dance" (2002) - CH33 6:30 Sound City documentary - CH33	10:00 Fit and Fun - CH33 10:30 Today in History - NN  1:30 Virtual Reality - NN "Highlights of Vietnam" - NN 2:30 America: The Story of Us Ep. 5 "Civil War" - CH33 6:30 Movie "State of Play" (2009) - CH33	<h1 style="font-size: 4em; color: #c4c4c4; opacity: 0.5;">September</h1>			

**All programs are subject to change without notice. Programs are altered on Saturday until sundown to allow for Shabbat (the Jewish Sabbath) observance. Have a peaceful day.**