

# Short-Term Rehabilitation

*Part of the Sholom Community Alliance family*

## Shirley Chapman Sholom Home East

This comprehensive rehab program is designed for people who have been hospitalized for surgery or other acute illness - and require additional therapy services and rehab nursing care before they return to their own home.

Individualized care is provided with compassion and a friendly therapeutic approach. Staff's goal is to help clients achieve their highest possible level of function and comfort in the shortest time possible.

Every member of the interdisciplinary rehab team – including physical, occupational and speech/language therapists, nurses, registered dietitian, chaplain and social workers – works together to develop a tailored program of care to meet each client's specific needs.

Staff support, encourage and give confidence to each individual as they help them work toward returning home. Plus, clients have the benefit of socializing with others whose medical needs and rehabilitative goals are similar to their own.



**Shaller Family Sholom East Campus**  
**740 Kay Avenue • St. Paul, MN 55102**  
**(651) 328-2027**

Short-term rehabilitation clients stay in private rooms in a home-like setting in designated “neighborhoods” in Shirley Chapman Shalom Home East and enjoy all the comforts of home!

Each room is tastefully decorated and equipped with cable television, phone, wireless internet capability (bring your laptop!) and private shower.

### **Care Services available:**

- Admissions accepted from hospitals 24 hours a day, 7 days a week
- Most insurance plans accepted - including Medicare & Medicaid
- RN on-site 24 hours a day, 7 days a week
- Care Specialists/Nursing Assistants provide care 24 hours per day
- Physical therapy, occupational therapy and speech-language pathology services
- Warm-water aquatic physical therapy
- “Real-life” therapy on actual kitchen and laundry appliances
- Rooftop therapy garden with real car and simulated walking surfaces
- Social services provided by a licensed social worker
- Medical Director consultation
- Specialized dietary services, registered dietician on staff
- Professional life enrichment staff, including music therapist
- Spiritual care, Rabbi and other denomination visits
- Interpreter
- On-site podiatry, dental, optometry, orthotic and audiology
- On-site x-ray and lab
- Daily housekeeping
- Linen and personal laundry service
- Care provided for clients needing specialized care including wound care management, total parenteral nutrition (TPN) and tube feeding, IV medication, tracheotomy care, treatment of MRSA and VRE

## Program Amenities:

- Elegant spaces, including a neighborhood center with gas fireplace, floor-to-ceiling windows and a spectacular view
- Accessible outdoor roof-top patios and gardens
- Beauty salon/barber shop, professional manicurist
- Professional chef on staff
- Kosher meals and snacks
- Gift Shop & Deli
- On-site guest suites
- Beautifully-appointed community rooms available for private events
- Children's play area
- Chapel
- Music and pet therapy
- Family support groups

**For more information about our short-term rehab program, or to refer a potential client, contact Judy Johnson, Admissions Coordinator, at (651) 328-2027.**



**S**holom Community Alliance is a non-profit organization providing a broad continuum of residential, social service, and health care services primarily for older adults and within a Jewish environment. With convenient Twin Cities locations, the Alliance offers seniors a continuum of care including independent and assisted living, nursing home and end-of-life care, short-term rehab, meals-on-wheels and adult day services.

### **Rossy and Richard Shaller Family Sholom East Campus**

Shirley Chapman Sholom Home East  
(651) 328-2000

Bentson Family Assisted Living Residence  
(651) 328-2000

Harry & Jeanette Weinberg Apartments  
(651) 328-2023

### **Ackerberg Family Sholom West Campus**

Sholom Home West  
(952) 935-6311

Roitenberg Family Assisted Living Residence  
(952) 908-1700

Menorah Plaza Apartments  
(952) 927-0460

Menorah West Apartments  
(952) 927-0460

Knollwood Place Apartments  
(952) 939-1601

