

SHIRLEY CHAPMAN SHOLOM EAST

Short-Term Rehabilitation Center



The Shirley Chapman Sholom East Short-Term Rehabilitation Center is designed to offer specialized services and therapies for persons recovering from surgery, injury, or other acute illness, and require additional rehab nursing care before they return home.

THE DESIRE TO LIVE A
BALANCED AND FULFILLING LIFE
IS AGELESS.



Real Life Therapy Room

SHOLOM'S SHORT-TERM REHAB OFFERS:

- Private, tastefully decorated rooms equipped with cable TV, telephone and wireless internet
- Individualized care
- Six-days-per-week therapies including physical, occupational and speech therapy
- Skilled nursing services
- Real-life home environment setting for therapy, as well as an actual car for mobility practice
- Spiritual care
- Social services
- Specialized dietary services
- Various specialized medical services on-site

BUILDING AMENITIES

- Elegant spaces, including a neighborhood center with gas fireplace, floor-to-ceiling windows and a spectacular view
- Accessible outdoor rooftop patios and gardens
- Beauty salon/barber shop, professional manicurist
- Gift Shop & Deli
- On-site guest suites
- Chapel

*"Part lifesaver, part miracle for my arm.
It helped me get my strength, my range of
motion, and my ability to move back.*

It was wonderful. "

—LINDA E.



THERAPEUTIC POOL

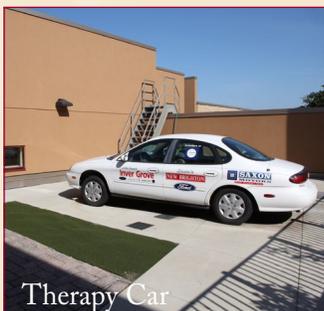
This soothing warm water pool is an ideal therapeutic environment for persons of every age and ability.

- Comfortable 94 degrees
- Easy ramp access
- Large private showers and changing rooms
- Aquatic therapy
- Use the pool for fitness or therapy* (typically covered by insurance)

*Individualized aquatic therapy provided with doctor's order.

Warm water therapy has been shown to increase independence for people of all ages with disabilities or chronic conditions. It's proven to be beneficial for individuals under a doctor's care for a variety of conditions. Examples of conditions that benefit from aquatic therapy:

- Arthritis
- Back or neck problems
- Chronic pain
- Stroke
- Joint replacement
- Orthopedic injuries
- Neurological conditions



Therapy Car



Rehab

Shirley Chapman Sholom East Rehab Center

740 Kay Avenue • St. Paul, MN 55102

(651) 328-2000 • www.sholom.com



SHALLER FAMILY SHOLOM EAST CAMPUS

740 Kay Avenue
St. Paul, MN 55102
(651) 328-2000

Skilled nursing, assisted living, memory care, home care and hospice, HUD senior housing, adult day care, and vitality and aquatics center

ACKERBERG FAMILY SHOLOM WEST CAMPUS

3620 Phillips Parkway
St. Louis Park, MN 55426
(952) 935-6311

Skilled nursing, assisted living, memory care, home care and hospice, HUD senior housing, and adult day care

SERVING THE TWIN CITIES METRO AREA

Sholom Home Care • (952) 939-1649
Sholom Johnson Hospice Agency • (651) 328-2091

Care.
Compassion.
Community.
sholom
www.sholom.com



Sholom, in partnership with our community, supports adults in need across the continuum of care, to live life fully in a Jewish environment and where all are welcome.

It is the policy and commitment of Sholom that it does not discriminate on the basis of national origin, disability, religion or political belief.